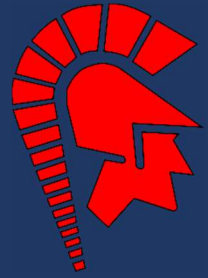


Trojan Horse Magazine

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Congratulations to Art Contest Winner – Addison Brassard

"This piece is about caring for others in the midst of this pandemic. I've been trying my best to keep others happy and healthy during this quarantine, and I thought that it'd be a good topic for this piece. The hearts my character is holding represent my loved ones, neighbors and fellow students, and the bubble represents how I'm trying my best to keep the virus away from them. We all have a part to play, and mine is staying home and making sure my loved ones are happy."

News and Notices

ASL Club

Have you ever wanted to learn American Sign Language? It's estimated that ASL may be the 3rd most used language in the United States. Learning ASL makes it easier to communicate with many Deaf and hard of hearing people or people who communicate nonverbally, but it is also useful for communicating through windows or across large spaces. It's also a beautiful language that is fun to learn and use. Our school is starting an ASL club for fun that is open to all students and teachers. As of now, our Zoom meetings are scheduled for Wednesday afternoons. Email Miss Zdrojewski if you would like to join us.

To get started on your own, you can learn the manual alphabet from this video:

<https://youtu.be/jEB45Z6xIAg>

Tech Troubles?

If you have any problems with your technology, like a broken stylus or your computer not working right, contact the SW Tech department at SWCSTech@swcsk12.org

Harry Potter on Sora

For the month of April, Harry Potter and the Sorcerer's Stone is available as unlimited copies of ebooks and audiobooks. This is a great time to reread an old favorite or, if you haven't read it before, to experience the story that's popular around the world.

Check it out at Soraapp.com

Resilience – Word of the Month

Our PBIS word of the month is “resilience.”

One thing that can help you build your resilience skills is recognizing your strengths and thinking about how you can apply them to challenging situations.

Try this:

-Think about your strengths. Write them in a list.

-Now think about a challenging situation you have faced or are facing.

-How could you use each of your strengths in this situation?

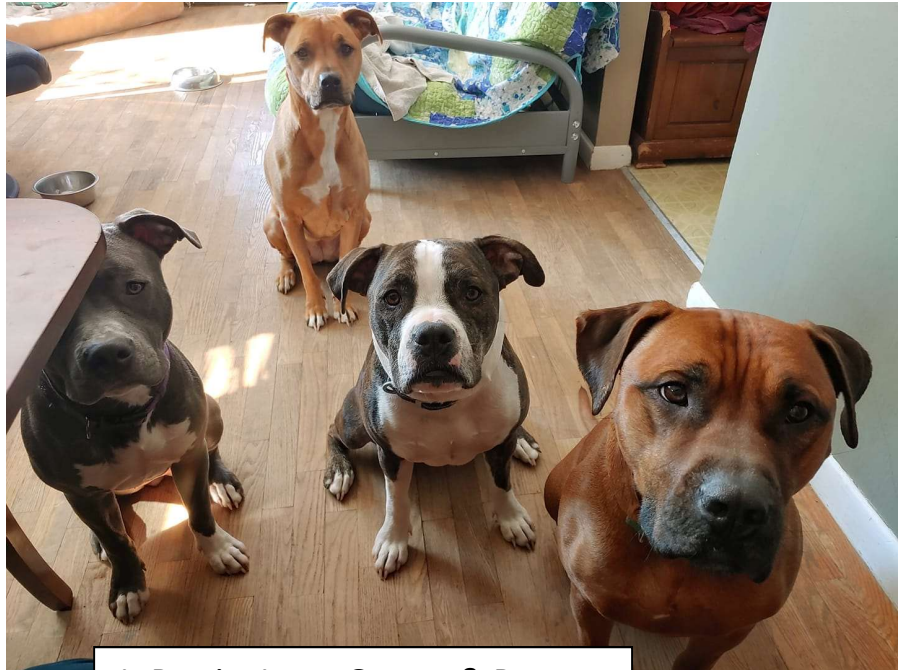
-If you are currently facing a difficult situation, choose one or two of your idea for using your strengths and try them out.



*Poem by Matsuo Basho 1644-1694
Translated by Peipei Qiu
Photo by Miss Zdrojewski*

GUESS THE PET!

Guess which pet belongs to which member of the Southwestern Middle School community!



1. Bertie, Lucy, Goose, & Bogey

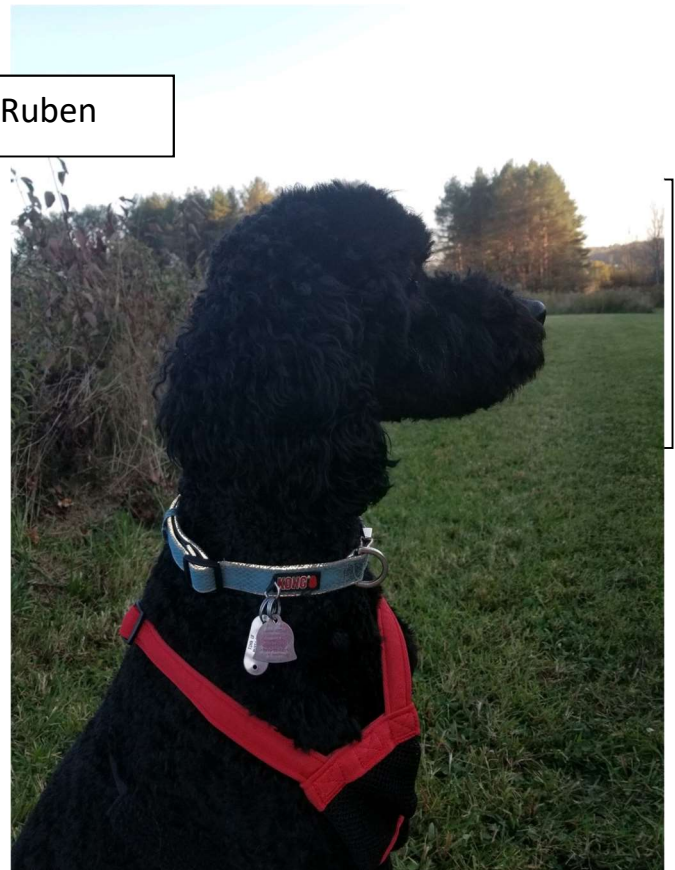


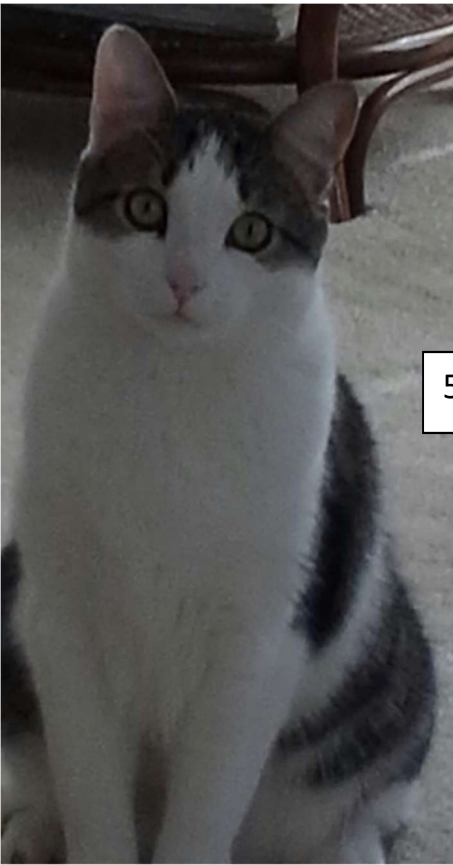
2. Bella



4. Kiya

3. Ruben





5. Dexter

Congratulations to last week's winners!

1st place – 3 way tie!

Madyson Frank

Bella Sirianni

Tiana Pacheco

with 6 correct each

2nd place

9 students each at 5 correct

At the end of April, everyone who has filled out the form this month will be entered in a drawing for a gift certificate from Better World Books.

You'll get one additional entry for each pet you guess correctly, so keep guessing!

6. Zoey & Leo



Go to the
form now
to guess!

[Click here to go to the form](#) and make your guesses!

You can also take the [week one](#) or [week two](#) quizzes if you missed them.

Next week will be the last set of pets to guess and your last chance to win.

Commotion in Arrowburg

By Ethan Lohnes

So, he rushes back to the AAD headquarters to notify Mrs. Raymond. She sent out a call to Detective Jonson, who picked up the phone. When he heard that there was an emergency, he ran all the way to AAD HQ. When he got there, he picked up the file from Professor Howard and Jonson stared at the file in shock. Then he handed the file back to the professor saying, "Contact Detective Jenkins, he can solve any case." Then Professor Howard told him about his journey to Jenkins' house. Jonson looked frightened. "This is not good... um... Contact Detective Sampson and show her the case. Then Jonson walked out of headquarters and back to his home, petrified.

Professor then told Mrs. Raymond, and Detective Sampson came running in. The same thing happened. He showed her the case file and then she got freaked out and told them to contact Jenkins. Then Howard explained his journey to his house, and she said to contact Detective Jonson. Howard told Sampson that he already had, and she had the same reaction as he did. Then she left the headquarters and went to her house as petrified as Jonson was. Professor Howard's head was spinning: *Who is going to solve the crime? Where is Jenkins? What is going to happen next?* He decided to do some detective work himself.

Detective Jenkins just got home from his walk when he heard a rustling sound coming from his back yard. He rushed around his house, Barnum barking at his heels, to spot Professor Howard. "What are you doing here?" Jenkins asked. Howard told him there was an emergency and to get to the AAD headquarters. They both ran to HQ and there, Professor Howard, out of breath, gave Detective Jenkins the case file. He opened it up and examined it. "I'll do it." Jenkins said half excited, half nervous. A big smile came upon Howard.

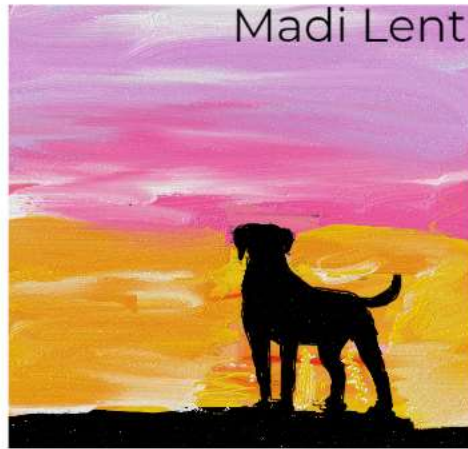
Jenkins got right to work. He set out with Barnum to the house that had been robbed by Vincent Willis, or as everyone in Arrowburg likes to call him, "Thug Willis". He was exactly 7 feet tall; he was stalky and mean. He wore camo clothes and was slightly tan. He had a handlebar mustache and grey eyes. He was the one who scared away Detective Jonson and Detective Sampson from accepting the file. Jenkins started looking for some clues of where Vincent could be hiding.

To Be Continued...

Editor's note: This is part 3 of Commotion in Arrowburg. For previous installments, see the past issues on our library website: <https://www.swcsk12.org/site/Default.aspx?PageID=963>

A note from the author: Hi my readers! I have a challenge for you! It's a contest to see who can draw the best Detective Jenkins. Maybe this will help... look in earlier Trojan Horse issues of Commotion in Arrowburg for clues of his description. Send your masterpiece to me at elohnes12183@swcsk12.org by May 1st! The winner's drawing will be published in the Trojan Horse magazine!

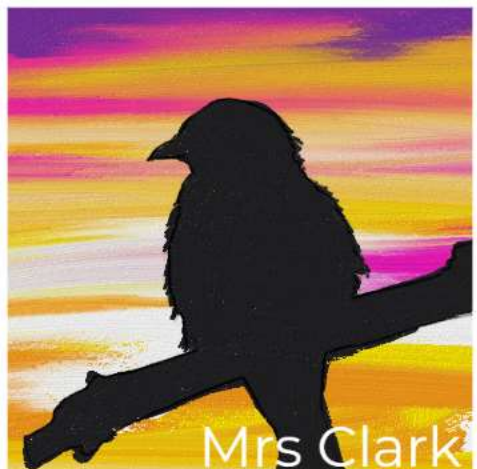
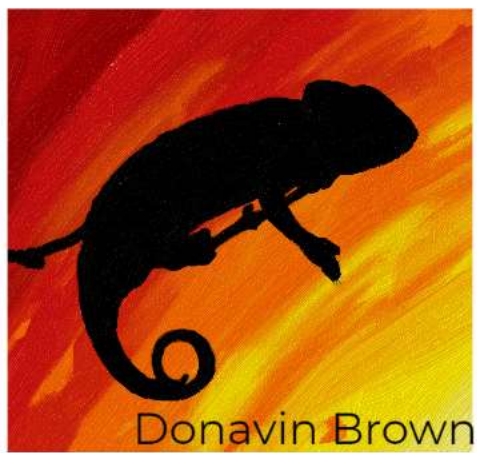
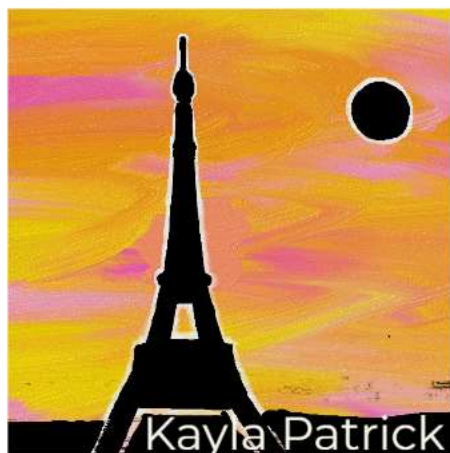
Silhouette Artwork



Poetry Month Haiku Contest

Interested in winning a chance to receive a gift card to our local bookstore? Enter the SWCS Library Department Poetry Month Haiku contest to be entered to win! The rules are simple: Any student in grades K-12 can write an original Haiku (suggested topic is spring or maybe what its like to be home all day!) and email Mrs. Wright swright@swcsk12.org your entry.

Visit <https://www.poetrygames.org/poetry-machine/poetry-15.php> and get writing - make sure to put your full name in the "title" of your poem so we know who wrote it. One winner will be selected and the gift card will be mailed to your home. Multiple entries will be accepted. Contest ends April 30th. Get creative and join in on the fun!



Don't forget to send your artwork, photography, at any time for inclusion in our magazine.

Check out a new video series from Jason Reynolds, award-winning author and National Ambassador for Young People's Literature!

"Write. Right. Rite." video series:

<https://guides.loc.gov/jason-reynolds/grab-the-mic/wrr>

A new
GRAB THE MIC
video series from
Jason Reynolds.

**Write.
Right.
Rite.**

LIBRARY OF CONGRESS presents
JASON REYNOLDS
GRAB THE MIC
TELL YOUR STORY

National Ambassador
for Young People's
Literature

COPING CORNER

Try starting a habit of doing a short meditation once a week. This meditation strategy was suggested by Mrs. Valone.

1. While standing or sitting (even leaning with your back against a wall is fine), be aware of your feet grounded on the floor. Close your eyes.
2. Take a deep breath in, scanning your entire body up and down, from your toes to the top of your head, then back down again while breathing out.
3. As you inhale and exhale, breath deep into your chest so your belly fills with the air. When exhaling, control the air as it leaves your lungs.
4. Make breathing in and out your only responsibility. Listen to your breath as it goes in and out of your nose. Feel it as it fills your lungs. Control it as your lungs empty.
5. Do this for one minute. At the end of the meditation, open your eyes.

And that's it! Start a new one-minute meditation practice this Monday, and make time for it every day. Make it something to look forward to – your one quiet minute – and you'll get to next Monday in a calmer state of mind.

This meditation came from "Destress Monday." This webpage has three different choices for one-minute sounds to play to help your meditation. Try them here:

<https://www.destressmonday.org/one-minute-meditations-just-need-minute/>

Remember, you can email Mrs. Fisher
or Mrs. Lindquist at any time
if you need help with coping strategies
or managing anxiety or emotions

Oatmeal Cookies

This is a fun recipe that you can personalize for your own tastes. You probably have these inexpensive ingredients in your kitchen already. Remember to be safe when using a blender and oven.

You will need:

- 2 cups of oats
- 4 ripe bananas
- 1 tsp baking soda
- Spices, dried fruit, and nuts
- blender
- Baking sheets and parchment paper

1. Preheat oven to 350 F.
2. Put the oats in the blender and blend until they make a coarse flour. Pour the flour into a mixing bowl.
3. Add the baking soda to the oats. This is also when you can add any spices you like. Cinnamon is very nice in these cookies. Nutmeg or cocoa powder also make great cookies.
4. Peel the bananas, break them into chunks, and blend until they are liquidy. Pour the bananas into the dry mixture.
5. Mix in any dried fruit or nuts you would like.
6. Line your baking pans with parchment paper. Scoop the dough onto the parchment by rounded spoonfuls.
7. Bake for 12-15 minutes until cookies are firm and bottoms are lightly golden.
8. Store leftover cookies in the refrigerator.

Fun flavor combos:

- Cinnamon and raisins
- Cinnamon, nutmeg, and dried apricots
- Cocoa powder and dried cherries
- Chocolate chips and walnuts

Experiment with your own favorite flavors!

THIS WEEK...

Today, April 15th – **National ASL Day**

Learn to spell your name in American Sign Language.

Join our new SWMS ASL Club!

<https://www.handspeak.com/spell/index.php?id=spell-asl>

Thursday, April 16th – **National Librarian Day**

Celebrate the coolest people by taking a virtual library tour.

<http://www.ilovelibraries.org/article/take-virtual-tours-these-stunning-libraries>

Friday, April 17th – **International Bat Appreciation Day**

Watch rescued fruit bats on the Bat Cams at Bat World Sanctuary

<https://batworld.org/bat-cams/>

Saturday, April 18th – **International Juggler's Day**

Learn to juggle with materials you have around the house.

<https://youtu.be/OiVSDqT7nNw>

Sunday, April 19th – **Garlic Day**

Make a recipe with garlic. Try making hummus!

<https://www.food.com/recipe/creamy-roasted-garlic-hummus-202343>

Monday, April 20th – **Chinese Language Day**

Try learning some Chinese!

You don't need to create an account to try Duolingo.

<https://www.duolingo.com/enroll/zh/en/Learn-Chinese>

Tuesday, April 21st – **Big Word Day**

Learn some new big words from the Word of the Day archives.

<https://www.merriam-webster.com/word-of-the-day>

Q: How long did the baseball player spend on the library website?

A: One minute. It was just a short stop.

Q: Which baseball player loved fireplaces?

A: Mickey Mantle

A fan at a baseball game wondered why the ball kept getting bigger and bigger. Then it hit him.

Be part of the Trojan Horse Magazine!

Email your submissions to
mzdrojewski@swcsc12.org

What can you send?

Stories

Poems

Artwork

Crafts

Comics

Recipes

Activities

Jokes

Reviews of books or movies

Photos

Ways to deal with stress

Our meme theme for next week is anything related to vacation. Memes should be your original work, but they can use photos or images that were created by someone else.

Send all items to
Miss Zdrojewski by
12 noon each Tuesday.



Jokes adapted from:

<https://boyslife.org/features/32801/20-funny-baseball-jokes/>