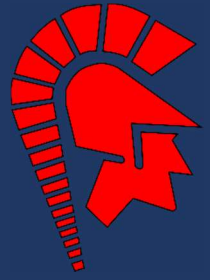


Trojan Horse Magazine

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“HOPE” IS THE THING WITH FEATHERS

“Hope” is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all.

And sweetest in the gale is heard;
And sore must be the storm
That could abash the little bird
That kept so many warm.

I’ve heard it in the chilliest land,
And on the strangest sea;
Yet never, in extremity,
It asked a crumb of me.

By Emily Dickinson, 1830-1886
This poem is in the public domain.

News and Notices

Virtual Art Show

The Southwestern Central School Art Show was on display in March at the Lakewood Memorial Library. If you couldn't get there while the library was open, you can still see the amazing artwork created by our students at this virtual walk through the exhibit:

<https://www.facebook.com/LakewoodMemorialLibrary14750/videos/806267356530160/>

New Fiction on JLG

Need a break from reading on Sora? Check out the selection on Junior Library Guild. This collection is available to us temporarily and includes newer fiction and nonfiction titles. There isn't as large a selection as Sora, so it's easier to navigate. There are no usernames or passwords.

All the books available now on JLG can be read by more than one person at a time, so they're great for buddy reads or starting your own small book club!

Check it out at
<https://jlg.ipublishcentral.com/bookshelf>

Technology Troubles?

If you have any problems with your technology, like a broken stylus or your computer not working right, contact the SW Tech department at SWCSTech@swcsc12.org

Resilience – Word of the Month

Our PBIS word of the month is “resilience.”

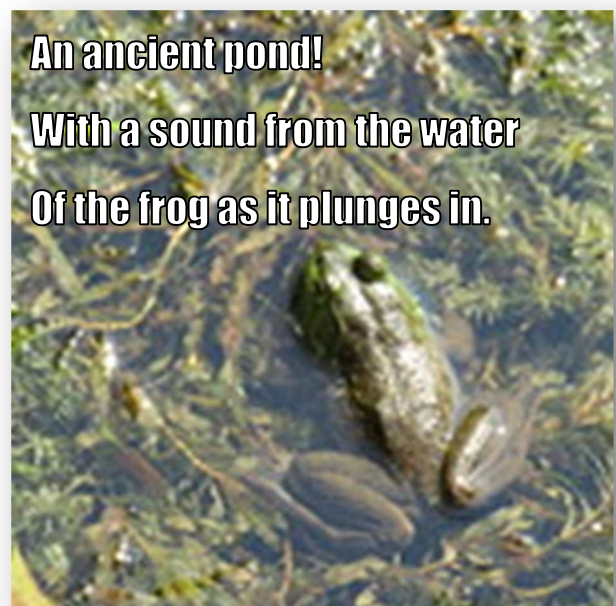
Resilience is the ability to bounce back when we face struggles or setbacks. Like any skill, it takes practice.

Here are some training exercises to help you build your resilience:

-Finding Silver Linings: Think of a challenge or struggle you are facing. Try to list three positive things about that challenge or struggle. This doesn't mean what you experienced wasn't bad, it just helps you notice the positives.

-How Would You Treat A Friend? When you are struggling with something, think of what encouraging things you would say to a friend if they were facing that struggle. Say those encouraging things to yourself.

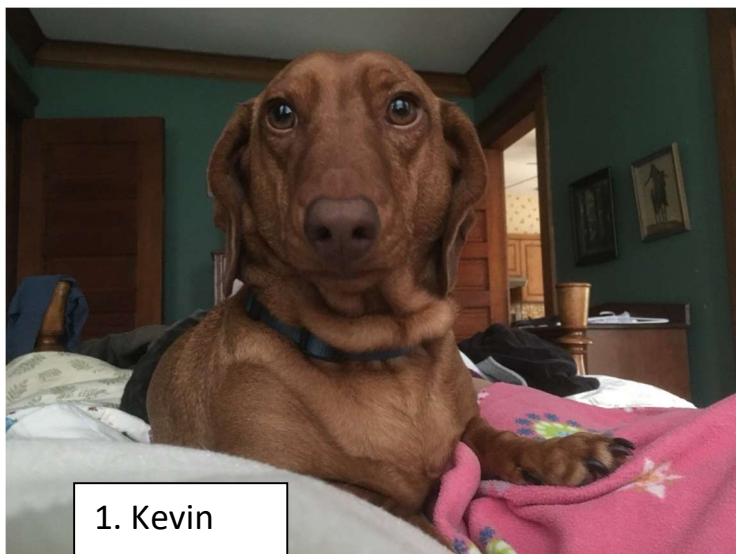
Look for more about resilience from the PBIS team coming soon.



*Poem by Matsuo Basho 1644-1694
Translated by William Aston 1899*

GUESS THE PET!

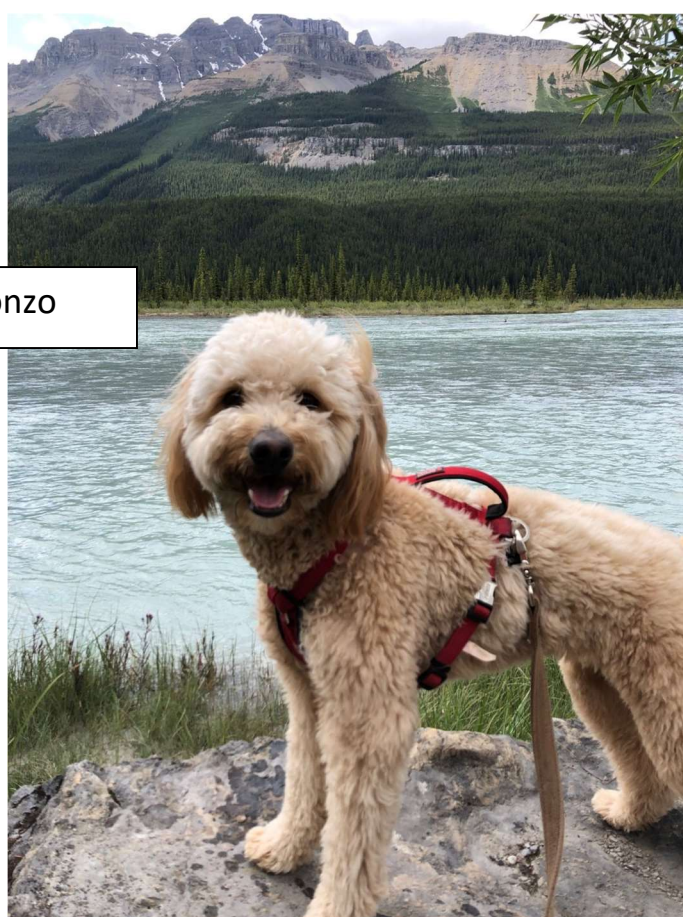
Guess which pet belongs to which member of the Southwestern Middle School community!



1. Kevin



2. Oscar



3. Bonzo



4. Thumper

Ready to guess!

[Fill out the form here](#) or find the link in the email that brought you this magazine.

Answers will be posted in next week's issue along with a new set of pets!



5. Roan



6. Newton

Congratulations to last week's winners!

1st place

Chase Kartesz with 9 correct

2nd place

Mrs. Walbesser with 8 correct

3rd place

Addison Brassard with 7 correct

At the end of April, everyone who has filled out the form this month will be entered in a drawing for a gift certificate from Better World Books.

You'll get one additional entry for each pet you guess correctly, so keep guessing!

Go to the form now to guess!

Commotion in Arrowburg

By Ethan Lohnes

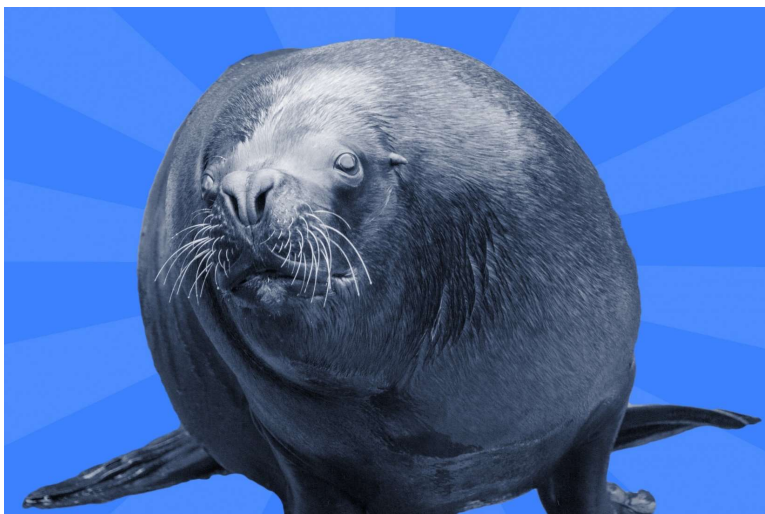
The AAD's head administrator was Professor Howard; he was tallish, roughly 5' 11"; had a dashing long beard, goatee style; always wore a black, blue, and gold fedora; and the regular uniform of Arrowburg, a Hawaiian shirt and kakis, just like everyone else on the small island. But the weird thing is, nobody remembers how they got to the island only Professor Howard, but he always says he doesn't know because he doesn't want anybody to find out how, he just wants to keep it for himself.

Bored, Gerald goes for a stroll around the border of the small island he calls home. He had given his own, personal case to figure out how all these people got on the island, he calls it, "The Case of Arrowburg." As he strolled, he tried to pick up clues of how they got there, but never has he seen something that could be evidence. You would think he would have a secret lair with cool gadgets but all he has is a magnifying glass and a notebook always handy in his front, right pocket of his khaki shorts. So, it takes him a little bit to find evidence.

Detective Jenkins went on a stroll with a dog that was once wild on the island, but he tamed it and became his pet. Jenkins calls his wolf Barnum. Barnum has a great nose for detective work, and he has solved 12 cases with his brilliant sense of smell. Barnum is the only wolf in Arrowburg that has been tamed by a human, so Barnum is loved very much by everyone. Jenkins is proud of his dog.

Professor Howard was going through his desk and throwing out the junk when he got called by his secretary, Mrs. Raymond, that told him to hotline detective Jenkins because they had an emergency. Mr. Howard picks up the hotline, but Jenkins isn't answering. So, he rushes from the AAD to Gerald Jenkins' house on Elm Street. He knocks on the door, but no one came to the door. Howard then looks for Detective Jenkins by running up the street in case he was coming back to his house and then he ran back down the street, but still, he couldn't find Jenkins.

To Be Continued...



Meme This Sea Lion

What's up with this sea lion? Turn him into a meme or send your caption to mzdrojewski@swcsk12.org

The best memes will be in next week's magazine.

This photo was created by Petr Kratochivl and released under a Public Domain license.

SPRING

Why is this time of year called “spring?”

The Old English term for the season after winter was *lencten*, a word meaning long or lengthen, referring to how this season is when the days start to become longer. You may hear still hear the word *Lent* used for this season in some churches, which comes from the word *lencten*.

By around the year 1400, the Old English term was pushed aside in favor of the Middle English word *spring*, which then meant making a first appearance. The phrase “spring of the leaf” described the season. Spring was also used for other things appearing, such as “spring of the day” for sunrise.

This information was found at Online Etymology Dictionary.
<https://www.etymonline.com/word/spring>



This is a great time to work on a garden.

You can start seeds inside on your windowsills. Here are some resources to help you get started.

<https://extension.umn.edu/planting-and-growing-guides/starting-seeds-indoors>

However, this is also the season of tree pollen allergies. If you’re like Miss Zdrojewski and are stuck inside avoiding pollen, you can take a virtual tour of the Buffalo Botanical Gardens.

<https://www.buffalogardens.com/pages/connectwithnature>

Photographs on this page by
Jameson Sauder

COPING CORNER

Mindfulness and Gratitude can help you cope with stress and anxiety. Try this gratitude scavenger hunt!

1. Find something you enjoy when you first wake up.
2. Find something that makes you happy.
3. Find something that's your favorite color.
4. Find something that tastes good.
5. Find something that makes a sound you love.
6. Find something that's unique about you.
7. Find something that smells good.
8. Find something outside that you like to look at.
9. Find something that makes you smile.
10. Find something that makes someone else smile.
11. Find something that feels soft.
12. Find something that you like to play with.
13. Find something you know someone else will love.
14. Find someone you are thankful for.
15. Find something new you never noticed before.
16. Find your favorite place to get cozy and comfortable.
17. Find your favorite place to hang out with family.
18. Find your favorite game to play.
19. Find something you like about someone else.
20. Find something you like to do just before bed.

This scavenger hunt is from Worthy Beyond Purpose.

<https://www.worthybeyondpurpose.com/>

Remember, you can email Mrs. Fisher
or Mrs. Lindquist at any time
if you need help with coping strategies
or managing anxiety or emotions



Meringue Cookies

This is an easy and fun recipe to make for any holiday. You probably have these inexpensive ingredients in your kitchen already. Remember to be safe when using an electric mixer and oven.

You will need:

-the liquid from one can of garbanzo beans (chickpeas)

(save the beans for a different recipe or snack while you bake)

-1/2 tsp cream of tartar

(if you don't have this, you can use vinegar or leave it out)

-1/2 cup sugar

-electric mixer

-Baking sheets and parchment paper

-plastic food storage bag (like ziplock)

1. Put the garbanzo liquid in a large mixing bowl. Add the cream of tartar or vinegar.
2. With an adult's guidance, beat the liquid with the electric mixer. Keep beating it until it forms stiff peaks that don't droop when you stop mixing. This usually takes 8-10 minutes with a hand-held electric mixer. Don't stop too soon!
3. Slowly add in the sugar while you continue to beat it. This part might be a two-person job.
4. Line your baking pans with parchment paper. Preheat your oven to 200 F.
5. Spoon the mixture into the plastic food storage bag. Twist the top closed. Cut off a bottom corner of the bag. Squeeze the mixture out of the bag onto cookie shapes on the parchment. (If you want to skip the bag and just use a spoon, that's okay.)
6. Bake the cookies at 200 F for 90 minutes. Then turn the oven off and leave the cookies in the oven overnight. Don't open the door until morning.
7. Store cookies in an air-tight container.

THIS WEEK...

Today, April 8th – **Draw a Picture of a Bird Day**

Use this tutorial from artist John Muir Laws to get you started.
Send your finished drawing for our next magazine!

<https://johnmuirlaws.com/drawing-birds/>

Thursday, April 9th – **Name Yourself Day**

Check out some of the strangest names in American history:
<https://politicalstrangenames.blogspot.com/>

Friday, April 10th – **World Marbles Day**

Don't lose your marbles playing this timeless game.
<https://www.wikihow.com/Play-Marbles>

Saturday, April 11th – **International "Louie, Louie" Day**

Get your family to sing along with Louie, Louie.
The composer, Richard Berry, was born this day in 1935.
<https://youtu.be/z-2CKsaq5r8>

Sunday, April 12th – **Easter**

Try this virtual egg hunt. It's harder than it looks!
<https://www.novelgames.com/en/easteregg hunt/>

Monday, April 13th – **Plant Appreciation Day**

Grow new plants from kitchen scraps.
<https://kidsgardening.org/garden-activities-kitchen-scrap-gardening/>

Tuesday, April 14th – **International Moment of Laughter Day**

Make someone laugh with a good joke!
<https://www.rd.com/jokes/family/>

Be part of the Trojan Horse Magazine!

Email your submissions to
mzdrojewski@swcsc12.org

What can you send?

Stories
Poems
Artwork
Crafts
Comics
Recipes
Activities
Jokes
Reviews of books or movies
Photos
Ways to deal with stress

Our meme theme for next week is anything related to vacation. Memes should be your original work, but they can use photos or images that were created by someone else.

Send all items to
Miss Zdrojewski by
12 noon each Tuesday.

Q: Why wouldn't the Easter bunny go to his class Zoom meeting?

A: He was having a bad hare day.

Q: What happened to the Easter bunny when he was homeschooled?

A: He was egg-spelled.

Q: What happened to the egg when it read the Trojan Horse Magazine?

A: It cracked up!



Have better jokes?

Send them for our
next issue!