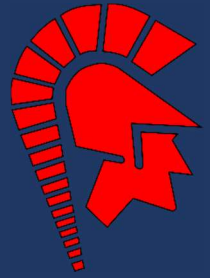


# Trojan Horse Magazine

June 3, 2020

Volume 2, Issue 13



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This Week

This week's cover photo was taken by Miss Zdrojewski.

Several of these large bumble bees are enjoying her azalea flowers.

Did you know there are about 416 different kinds of bees in New York state?

# News and Notices

## Final Issue Next Week

Next week will be our final issue of the Trojan Horse Magazine for this school year.

Please send your stories, poems, recipes, photos, artwork, jokes, and activity ideas by Tuesday at noon to be included.

## Morning Announcements

Don't miss our school video announcements! Watch for them in your email and via social media every Friday!

## Last Week's Mystery Teachers

Mystery Teacher #11 – Mrs. Pannes  
Mystery Teacher #12 – Mrs. Everson  
Mystery Teacher #13 – Mrs. Sirianni  
Mystery Teacher #14 – Mr. Cheney  
Mystery Teacher #15 – Sra. Lovecchio  
Mystery Teacher #16 – Mrs. Pearson  
Mystery Teacher #17 – Mrs. Gould  
Mystery Teacher #18 – Mr. Salisbury  
Mystery Teacher #19 – Mrs. Casselman  
Mystery Teacher #20 – Mrs. Christensen  
Mystery Teacher #21 – Mr. Rybicki  
Mystery Teacher #22 – Mrs. Yager  
Mystery Teacher #23 – Mrs. Peterson  
Mystery Teacher #24 – Miss Zdrojewski

Congratulations to this week's top guessers!  
Mrs. Wells had 6 correct!  
The highest scoring student was Madi Lent

The winner of the Better World Books  
gift certificate is Madi Lent!  
Congratulations Madi!

## Enthusiasm – Word of the Month

Our PBIS word of the month is “enthusiasm.”

Enthusiasm means intense and eager enjoyment, interest, or approval.

It's easy to feel enthusiasm for something we're really looking forward to, like summer break or the start of a new school year.

It's not as easy to feel enthusiasm for things that have been ongoing for a while or things we don't have strong interests in. In fact, toward the end of the school year, even teachers sometimes feel unenthusiastic about school work.

Enthusiasm helps work go faster, but what can you do when you don't feel enthusiastic about something?

Try to find something about the work that interests you. Working on a difficult skill in your homework? Instead of focusing on the difficulty, think of how that skill will help you with something you're passionate about. Maybe practicing fractions will help you with cooking or practicing angles can help you with bike or skateboarding tricks.

If you can't find anything in an assignment that you can be enthusiastic about, trying making it into a game. Give yourself points or badges for accomplishing tasks. Finished your social studies homework for the week? Give yourself a badge!

Finding a way to add a little enthusiasm into doing your assignments can make them go faster and make them more enjoyable.

## Tech Troubleshooting

If you have any problems with your technology, contact the SW Tech department at [SWCSTech@swcsk12.org](mailto:SWCSTech@swcsk12.org)

# Avatar Match!

Can you match the avatar or bitmoji  
with the right member of our  
SWMS community?

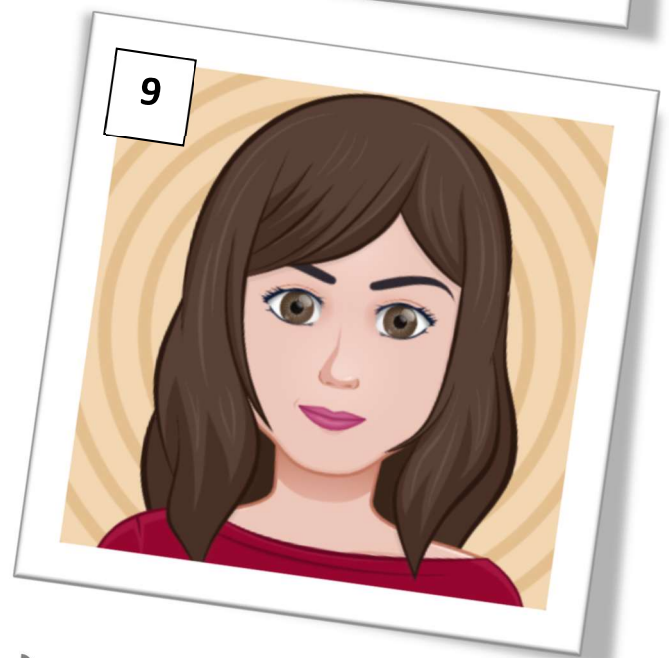
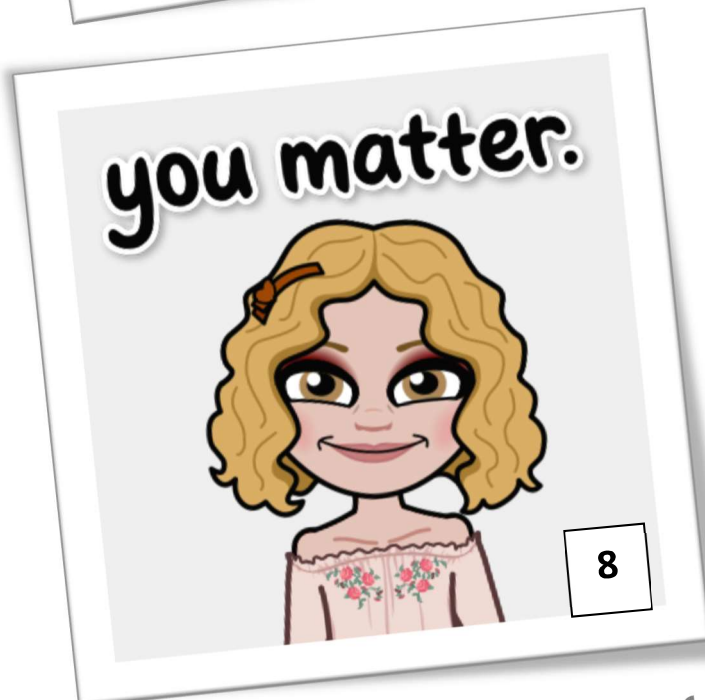
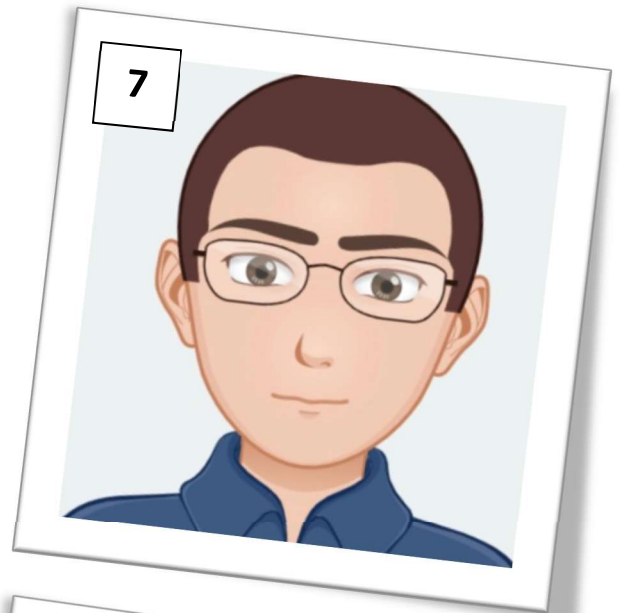
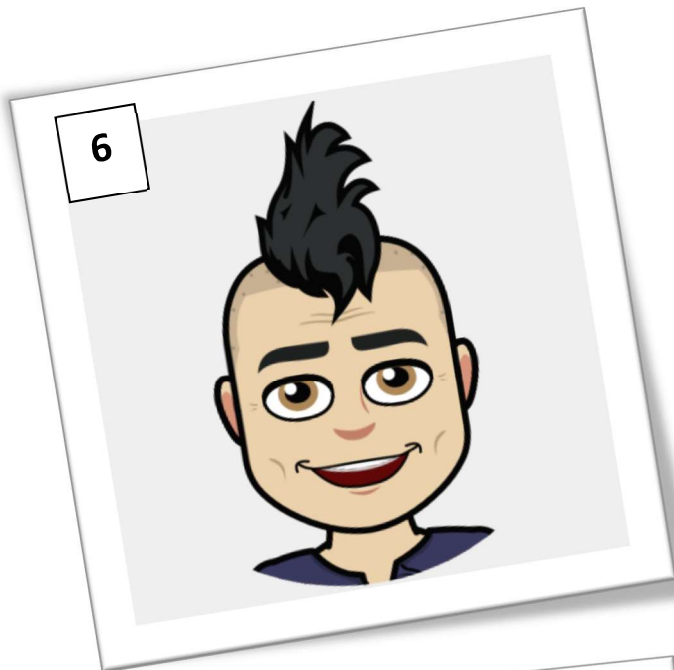
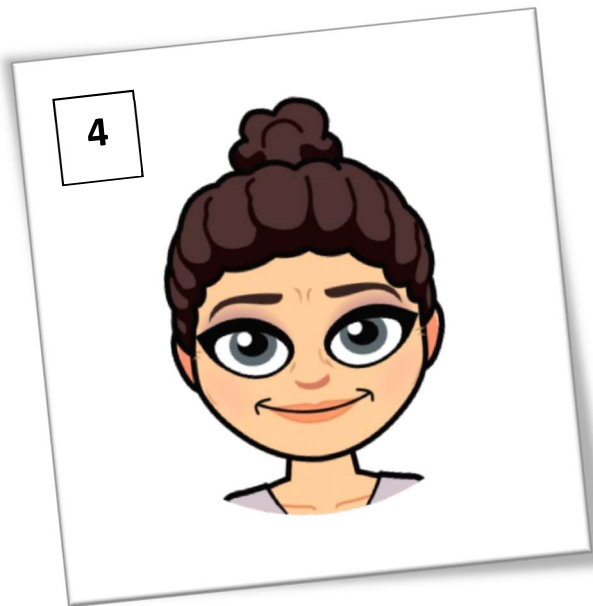


Think you can match these?

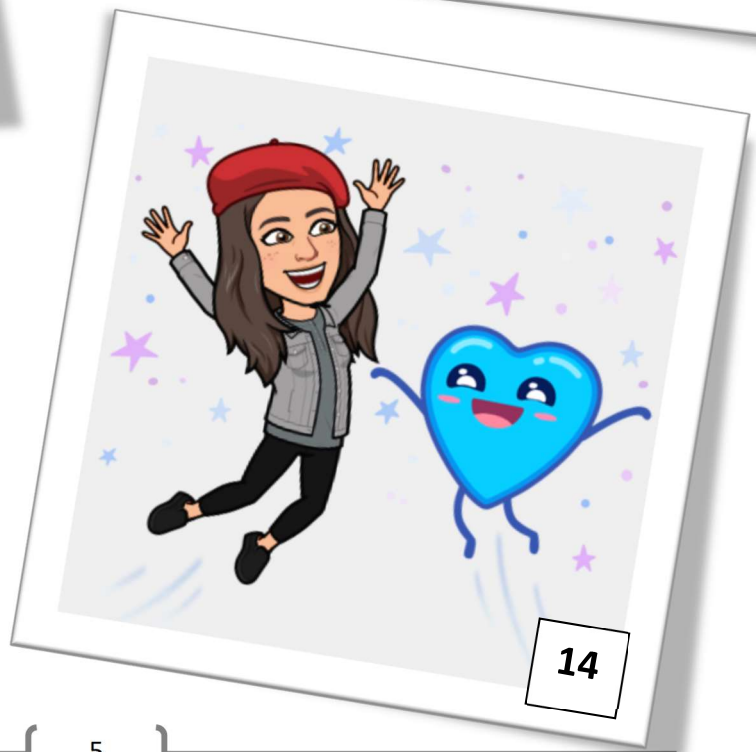
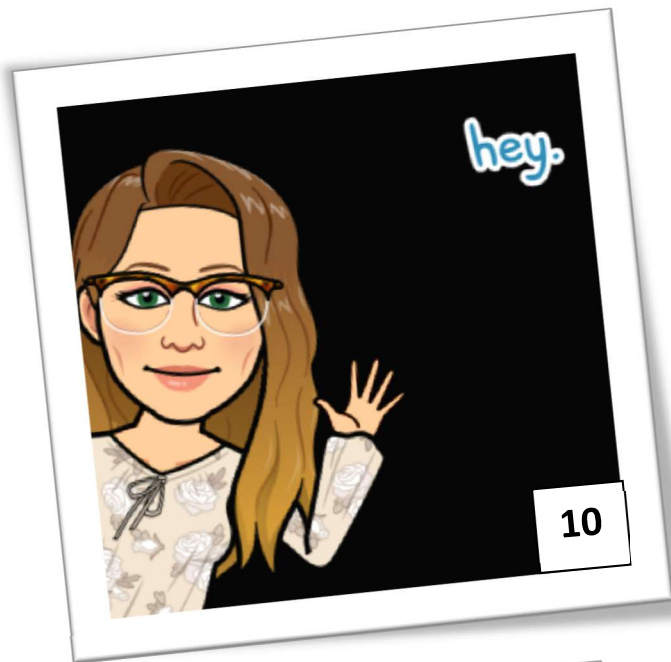
Fill out the form here: [shorturl.at/ltBLM](https://shorturl.at/ltBLM)

Guessing will enter you in a drawing for a Better World Books gift certificate, and you'll get an extra entry for each teacher you guess correctly. This is the only week to enter for this drawing!

All guesses must be in by  
Tuesday, June 9<sup>th</sup> at noon.







Want a hint?

Here are your choices:

Mr. Becker, Mr. Thomas, Mr. Cheney,  
Mrs. Clark, Mrs. Gould, Mrs. Christensen,  
Mrs. Barton, Mrs. Ostrom, Mrs. Casselman,  
Mrs. Walbesser, Mrs. Sigler, Mrs. Lindquist,  
Ms. LaGrega, Sra. Lovecchio

# Dreams

By Tate James

What are dreams? What causes dreams, dreams happen when we have rapid eye movement. Or when your brain need to process our thoughts.

Why do we have dreams? We have dreams because, we are processing our emotions, or we are processing our memory.

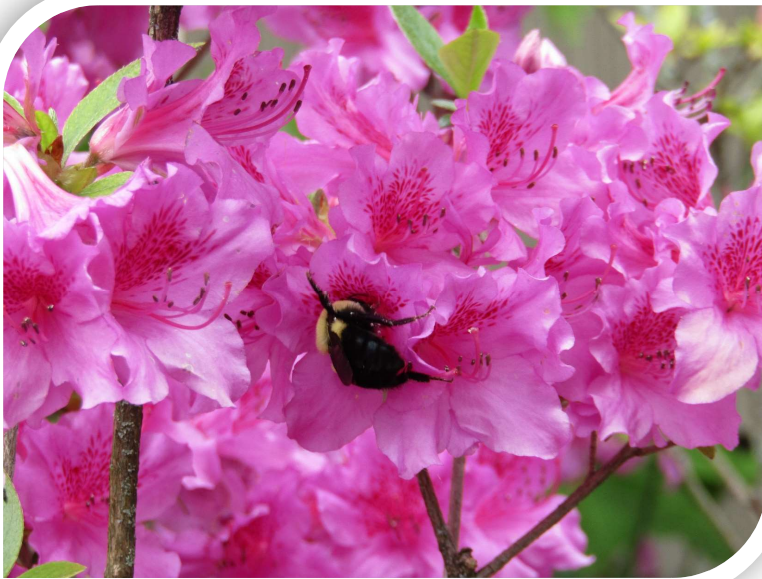
What are some good things about dreams? Dreams can help you solve your problems and are healthy for us to have. They even say when we dream, we have out of the box thinking. So, we think of things that we would normally not think of.



Bonus avatar!

Can you guess this member of our  
SWMS community?  
Here's a hint: You can see she's going to  
have a baby this fall!

## BE A BACKYARD EXPLORER



Take some time this summer to explore the nature right around your yard and neighborhood.

If you have a camera or sketchbook, try to document the wildlife – animals, insects, and plants – that you see.

When you get home, use a field guide or online resources to identify what you found.

Here are some good resources for identifying what you find:

<https://wildflowersearch.org/>

<https://butterfly-conservation.org/butterflies/identify-a-butterfly>

<https://www.dec.ny.gov/animals/273.html>

# SORA READS FOR CURRENT ISSUES

## ***On the Come Up*** by Angie Thomas

Sixteen-year-old Bri wants to be one of the greatest rappers of all time. Or at least make it out of her neighborhood one day. As the daughter of an underground rap legend who died before he hit big, Bri's got big shoes to fill.

## ***The Boy in the Black Suit*** by Jason Reynolds

Just when seventeen-year-old Matt thinks he can't handle one more piece of terrible news, he meets a girl who's dealt with a lot more—and who just might be able to clue him in on how to rise up when life keeps knocking him down—in this wry, gritty novel from the author of *When I Was the Greatest*.

## ***Ghost Boys***

by Jewel Parker Rhodes

Twelve-year-old Jerome is shot by a police officer who mistakes his toy gun for a real threat. As a ghost, he observes the devastation that's been unleashed on his family and community in the wake of what they see as an unjust and brutal killing.

## ***Stamped—Racism, Antiracism, and You***

by Jason Reynolds and Ibram X. Kendi

The construct of race has always been used to gain and keep power, to create dynamics that separate and silence. This remarkable reimagining of Dr. Ibram X. Kendi's National Book Award-winning *Stamped from the Beginning* reveals the history of racist ideas in America, and inspires hope for an antiracist future.

## ***We Are Not Yet Equal***

by Carol Anderson and Tonya Bolden

When America achieves milestones of progress toward full and equal black participation in democracy, the systemic response is a consistent racist backlash that rolls back those wins. *We Are Not Yet Equal* examines five of these moments.

## ***An Indigenous Peoples' History of the United States for Young People*** by Debbie Reese, Jean Mendoza, and Roxanne Dunbar-Ortiz

Spanning more than 400 years, this classic bottom-up history examines the legacy of Indigenous peoples' resistance, resilience, and steadfast fight against imperialism.

## ***The Hate U Give*** by Angie Thomas

Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Khalil was unarmed.

## ***Stolen Justice: The Struggle for African American Voting Rights***

by Lawrence Goldstone

A thrilling and incisive examination of the post-Reconstruction era struggle for and suppression of African American voting rights in the United States.

## ***The Downstairs Girl*** by Stacey Lee

By day, seventeen-year-old Jo Kuan works as a lady's maid, but by night, Jo moonlights as the author of a newspaper advice column for the genteel Southern lady, "Dear Miss Sweetie." When her column becomes wildly popular, she uses the power of the pen to address some of society's ills, but she's not prepared for the backlash that follows when her column challenges fixed ideas about race and gender.

## ***See No Color*** by Shannon Gibney

Sixteen-year-old Alex Kirtridge has always known two things: 1. She has always been Little Kirtridge, a stellar baseball player, just like her father. 2. She's adopted. These facts have always been part of Alex's life. Despite some teasing, being a biracial girl in a white family didn't make much of a difference as long as she was a star on the diamond.



# COPING CORNER

When you're anxious or sad, talking or hanging out with friends and family can help. But what can you do when it isn't a safe to spend time with people in person? How can you deal with loneliness and feeling isolated, especially when the weather is nice and you want to spend your free time with friends?

Here are some ideas for how you can be social while still keeping healthy boundaries between your family and others.

## -Start a summer book club

Book clubs are a great summer activity when you have more time to relax and read, and they make great parent/child activities. Get a few friends and each of you read the chosen book with a parent. (Check out Sora's Summer Reads or Always Available lists for easy to access books.) Maybe you can pick a recipe that's related to the book. On the day of your virtual meeting, each family can make the recipe at their own house. Then gather in a virtual space (like Zoom, Meet, or Hangout), discuss what you liked about the book, and eat your snacks!

The Middle Grade at Heart Book Club newsletter offers great book suggestions with accompanying recipes and interviews with the authors.

<https://mgbookvillage.org/mg-at-heart-book-club/>

## -Host a Virtual Game Night

There are many games you can play with friends in a virtual environment. Scattergories is a fun game where you try to think up words for each category that start with a given letter. <https://scattergoriesonline.net/>

Fake Artist lets you draw collaboratively with friends and then vote for which of you is the fake. This game works best if you play on your screens while talking over the phone. <https://fake-artist.herokuapp.com/>

Remember, you can email Mrs. Fisher  
or Mrs. Lindquist at any time  
if you need help with coping strategies  
or managing anxiety or emotions.

## Smoothie Popsicles

These popsicles are fun to make, and you can make a different flavor every week of summer!

You will need:

-1 banana

-1/2 fruit or berries

-2 Tbsp seeds or nut butter

(or use a nut milk in place of the water)

-1 – 1 ½ cups water

1. Combine your seeds or nut butter with ½ cup water in your blender. Blend until smooth.
2. Add your banana and blend more.
3. Add the rest of your fruit. You can blend it until it is completely smooth, or just use your blender's "Pulse" button to chop the fruit into small chunks.
4. Taste your smoothie to make sure you like it.
5. Pour your smoothie into popsicle molds. If you don't have popsicle molds, you can use paper or plastic cups with a popsicle stick or wooden spoon set in them.
6. Carefully put your popsicles into the freezer. Let them freeze for at least 8 hours, but overnight is best.
7. When you are ready to eat them, run them under warm water so they pop out of the cup or mold.

You can experiment with many different flavors. If you prefer your popsicles sweeter, add a dried date or two when you blend the nuts and water at the beginning. Dates are a dried fruit that can add a lot of healthy sweetness. (Make sure you take out the pits.)

You can also add vanilla or other spices.

Try adding pumpkin puree instead of extra fruit and then add pumpkin pie spices.



# THIS WEEK...

## Today, June 3<sup>rd</sup> – **Global Running Day and World Bicycle Day**

Get outside today and enjoy some activity!

<https://globalrunningday.org/>

## Thursday, June 4<sup>th</sup> – **Old Maid's Day**

Play the classic Victorian card game Old Maid with family or online.

<https://www.xpgameplus.com/games/oldmaid/index.html>

## Friday, June 5<sup>th</sup> – **Hot Air Balloon Day**

With a parent's help, make your own hot air balloon.

<https://www.homesciencetools.com/article/how-to-make-a-hot-air-balloon-science-project/>

## Saturday, June 6<sup>th</sup> – **Yoyo Day**

Do you have a yoyo around the house? Learn some new tricks!

<https://yoyotricks.com/yoyo-tricks/beginner-tricks/>

## Sunday, June 7<sup>th</sup> – **National Chocolate Ice Cream Day**

Make your own ice cream with simple ingredients and two ziplock bags.

<https://www.thebestideasforkids.com/ice-cream-in-a-bag/>

## Monday, June 8<sup>th</sup> – **World Oceans Day**

Explore the animals deep below the ocean's surface.

<https://neal.fun/deep-sea/>

## Tuesday, June 9<sup>th</sup> – **National Strawberry-Rhubarb Pie Day**

Spend some time in the kitchen making this classic early summer dessert.

<https://www.tasteofhome.com/recipes/winning-rhubarb-strawberry-pie/>

Q: Why did the reporter talk to the ice cream?

A: They were looking for a scoop!

Q: Why did the ice cream truck break down?

A: There was a Rocky Road!

Q: Why did the ice cream cone carry an umbrella?

A: There was a chance of sprinkles!

## Be part of the Trojan Horse Magazine!

Email your submissions to

[mzdrojewski@swcsk12.org](mailto:mzdrojewski@swcsk12.org)

What can you send?

Stories

Poems

Artwork

Crafts

Comics

Recipes

Activities

Jokes

Reviews of books or

movies

Photos

Ways to deal with stress

Send all items to

Miss Zdrojewski by

12 noon each Tuesday.

