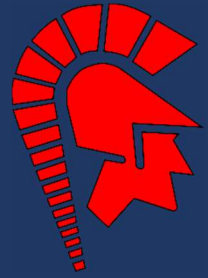


Trojan Horse Magazine

May 13, 2020

Volume 2, Issue 10



Air Force Flyover



Jameson Sauder captured video of three Air Force F-35s doing their flyover above Chautauqua Lake on Tuesday. The flyover was conducted by the 914th Air Refueling Wing of the Air Force Reserves at Niagara Falls and the Vermont National Guard.

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News and Notices

Tech Troubleshooting

School computers need to be restarted to stay updated. Have you restarted your computer lately?

There are also some updates that are pushed out through our school wifi network. If your computer is not working right, try bringing it to one of the school network hotspots (in our district parking lots) and restarting it a few times.

Restarting a few times while on the school wifi network should help with several common computer issues, especially problems you might have with Zoom.

If you have any problems with your technology, like a broken stylus or your computer not working right, contact the SW Tech department at SWCSTech@swcsk12.org

Sora Sweet Reads

Sora currently has a limited time special collection available for early summer reading. These books can be checked out by several people at one time so they make great buddy reads to share with a friend.

One book in this collection is the audio version of *Insignificant Events in the Life of a Cactus* by Dusti Bowling. When Aven's parents accept jobs managing an old theme park in the desert, Aven has to navigate a new school and deal with new students asking her, "Where did your arms go?" She finds a new friend in Connor, who struggles with Tourette Syndrome.

Check it out at [Soraapp.com](https://soraapp.com)

Persistence – Word of the Month

Our PBIS word of the month is "persistence."

Persistence means the ability to stick with something. When you stick with something, even if it's difficult at first, you improve.

One strategy you can use to help develop your own persistence is practicing positive self-talk.

When you are struggling with something, instead of saying to yourself, "It's too hard," try saying, "I can do this."

Some good phrases you can use for positive self-talk are:

- I can do this.
- I can get through this.
- Don't give up.
- I can ask for help if I need it.

Check out this TED talk from high school sophomore and competitive figure skater Hailey Hultberg:

<https://youtu.be/ytiF927W4EO>

Morning Announcements

Don't miss our school video announcements! Watch for them in your email and via social media every Friday!

Mystery Teacher

Can you guess the identity of these teachers based on these clues?

Mystery Teacher #7

This teacher's favorite ice cream flavor is cookie dough.

His favorite season is fall because it's hunting season.

He enjoys playing Call of Duty.

You may not know that he married his tenth grade girlfriend.

The farthest he has traveled is the Caribbean and Alaska.

Who is it?

Hint: You probably know another member of his family.

Think you know any of our Mystery Teachers?

Fill out the form here: shorturl.at/ikxQS

Guessing will enter you in a drawing for a Better World Books gift certificate, and you'll get an extra entry for each teacher you guess correctly.

All guesses must be in by Tuesday, May 19th at noon.

Mystery Teacher #6

This member of our school community loves cotton candy ice cream!

Her favorite season is summer because she enjoys swimming and boating and not having to wear heavy winter clothes.

The farthest she has traveled is Hawaii.

You may not know that she used to run a McDonalds!

Who is it?

Hint: If you get sent to see her in the morning, you will probably come back with a pass.



Last Week's Mystery Teachers

Mystery Teacher #4 – Mrs. Barnett

Mystery Teacher #5 – Mrs. Barton

Congratulations to this week's top guessers!

Zachary B., Samuel K., Lucy C., Braya B., Mrs. Casselman, Mrs. Ostrom, Mrs. Pannes, Berke L., Mrs. Pearson, and Mrs. Gould

Everyone who guesses is entered in a drawing for a Better World Books gift certificate, and each correct guess earns you another entry.

Winner will be announced in our May 27th issue.

Hard-Earned Reward

By Miss Zdrojewski

The walnut was a treasure. There were no walnut trees in this neighborhood, so where it came from was a mystery, but that wasn't the important thing. No, what was important about this walnut was that the gray squirrel had found it.

He had been planning to eat some tender buds off the dogwood tree when, distracted by a noisy robin, he had misjudged his jump, missed a branch, and tumbled onto the grass. That turned out to be a stroke of good fortune, because it was there, hidden in the grass, was the walnut.

The gray squirrel picked up the walnut. It was good sized, and heavy, and it was almost too large for his jaws to wrap around it. Almost. He made it fit.

This was too good a treat to eat out here in the open. Anyone could spot him and steal some of this tastiness before he finished with it. If he brought it back to his nest, he could really savor it in peace.

He scooted back up the dogwood tree and transferred over to the long electric line. Scampering down the wire wasn't easy with such a large prize locked between his teeth, but he was a professional wire-scamperer. He zoomed down the block and across the street, each step taking him closer to his nest in the park.

Everything was going fine until the starlings came.

They burst out of their hiding spots in the service berry tree and swooped around the gray, flying so closely his fur ruffled in their wake. They called out, and then made another pass around him, and he slipped from the wire.

The gray was under attack, but those starlings were not going to get his precious walnut. He darted underneath a nearby car, but he knew that wouldn't stop the birds for long. The only solution was to hide the walnut, lure the birds away, and come back later, once it was safe, to retrieve his treasure. There was a pipe on the

underside of the car with a hole that was conveniently walnut-sized. He pushed the walnut into the hole as far as it would go, and then he scampered back out.

As expected, the starlings followed him at once. He climbed a birch tree, leapt onto a wire, and ran up to the top of an electric pole. The starlings swirled around him, then settled on the wires, trying to block all of his escape routes.

But the gray didn't care. He had fooled them. He stood on his hind legs on the top of the pole, raised his arms to show that they were empty and the starlings wouldn't get his walnut, and sang a loud chittering song of triumph.

There was a rumble as the car below them started. Then a kapow as the walnut shot out of the tailpipe, bounced off the road, and flew upward at the squirrel.

He tried to catch it, but it hit harder than he expected. The gray tumbled backward from the force, onto the wires. There was a flash of light as electricity arced.

The lights on the gas station went out. The houses all around went silent. The traffic light turned black. Smoke and flames began to rise from the house across from the pole. The flames caught onto branches and spread from roof to roof.

Smoldering black feathers fluttered to the ground with the ashes from the houses.

Sirens screeched all around the now dark city.

On the ground, the squirrel sat up and shook his singed fur. He picked up the walnut, now perfectly toasted, and snacked on it right there.

It had been a long morning, and he deserved the treat.

STEAM OF THE WEEK WITH MR. THOMAS

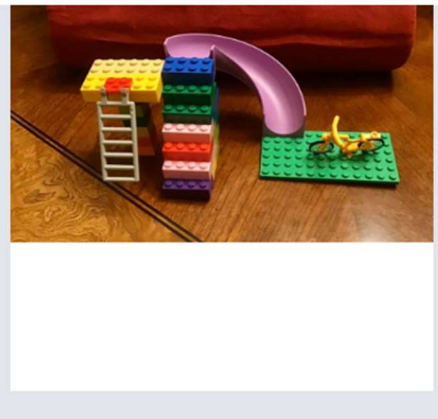
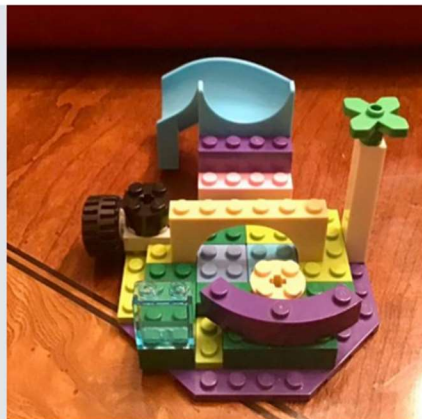
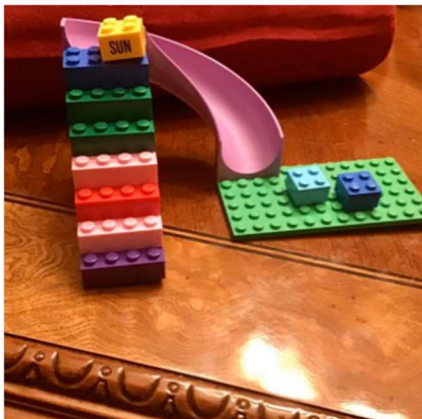
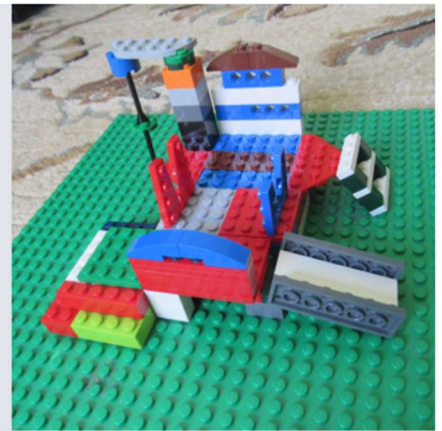
LEGO Spring Build Challenge

Playground

One of the ideas to come from all of this is how much we take for granted.

Take a playground for example. We have one close to our house and now that it is closed it really makes you realize how wonderful it is to have these public spaces open for us to enjoy.

Build your playground or your favorite element from a playground.



Questions, comments, or success stories?

Email them to Mr. Thomas!

Send photos of your finished projects to Miss Zdrojewski for next week's magazine.

MAKE A KITE

This is a simple flat kite, but don't let its size fool you! I have seen students get these homemade kites flying 50 feet in the air.

This type of kite is called a flat kite. Flat kites need two sticks to create the frame. This version uses a fold of paper as one of the sticks so you only need to add one more. It works best with a plastic straw, so this is a great way to reuse a straw instead of throwing it away!

You will need:

regular paper (or template on next page)

tape

markers or colored pencils

recycled straw or coffee stirrer

string

piece of cardboard to wind string around

scissors

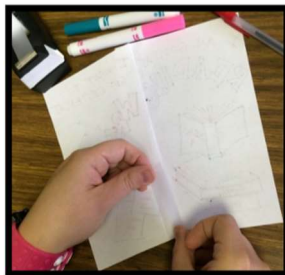
hole punch (optional)

old plastic bag

1. Fold the paper in half the short way (a “hamburger” fold). Fold each side back at a slight angle. Look at the template on the next page to see what this looks like.

You will now have a flap that sticks up in the middle of your paper. This is your first “stick.” Use a little bit of tape to tape the fold closed in the back.

2. Decorate the unfolded parts of the paper. Look at the template so you know which is the top and which is the bottom. Your kite should be wider at the “shoulders” than at the “hips.”



3. Find the natural balance point of the kite. If you pinch the fold between your fingers, it should hang fairly flat. This is probably near the dot on the template. Punch a hole (or carefully poke one with scissors) at this balance point.

4. On the back of your kite, tape your straw across where your balance point is on the front.

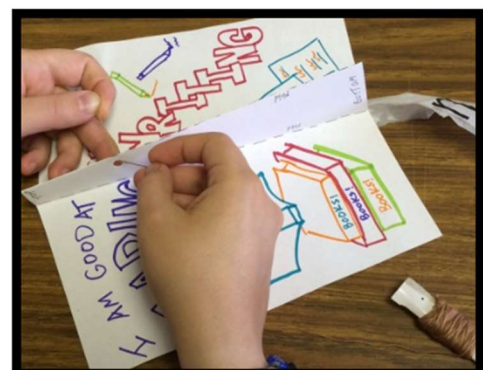
5. Fold your plastic bag and cut it into rings. Put one ring through another to connect them into a tail. Use the pictures as a guide. You could also experiment with using ribbon as a tail.



6. Tape the tail to the bottom back of the kite.

7. Tie your string around your piece of cardboard. Wrap the string around the cardboard so only a few feet are loose. Tie the other end of the string through the hole on your kite.

8. Go outside and find some wind! These kites can go surprisingly high, so make sure you stay away from trees, roads, and power lines.



COPING CORNER

When dealing with stressful situations, a good step is to think about what you can and cannot control.



“Instead of focusing on those things you have no control over, you can focus on what you CAN control, and that is YOU. You can control how you act, what you say, what you do, how you behave, how you respond to someone.

Think about the sentence: How can I make this better?

Now that you are focused on what you can control, let's make a plan. You can use the problem-solving steps to make a plan to solve problems.

Identify the problem: For example, I miss my friends.

The next step is to generate several ideas for solving an issue. Not all of them will work, but you're not trying to pick out ones that will and won't work during this step. Right now, it's just about generating ideas.

Send them a card

FaceTime my friends

Email them

Call Them

Play a game online together

Watch the same TV show and call each other to talk about it

Pick out a few ideas for solving the problem and use them!

Perhaps your friend doesn't have a phone, so you can't FaceTime. But maybe you can email or play a game online together, or call them to talk.”

Remember, you can email Mrs. Fisher
or Mrs. Lindquist at any time
if you need help with coping strategies
or managing anxiety or emotions.

This information is from: “Coping Skills for Kids” by Janine Halloran,
<https://copingskillsforkids.com/coping-with-coronavirus>

Fruit Pancake Tacos

Sure, pancakes are fun, but aren't they more fun eaten as tacos?

This recipe has a lot of steps, so it's good to make with a parent. You can share the work!

You will need:

- 1 cup oats
- 2 bananas
- 1/2 tsp. baking soda
- cinnamon
- 1/4 cup water
- 1/2 tsp. apple cider vinegar
- Assorted fruit
- lemon juice
- mint (optional)

1. Blend the oats in a blender until they are flour. Put the flour in a mixing bowl with the baking soda and a few shakes of cinnamon.
2. Blend the bananas until they are smooth. Pour them into the oats. Put the water in the blender and blend it to get the last of the banana. Add it to the batter a little at a time until the batter is thin enough to pour. Stir in the apple cider vinegar.
3. Heat a frying pan on the stove. Pour the batter 1/8th of a cup at a time into the pan to form pancakes. Depending on the size of your pan, you can probably fit 3 or 4 in the pan at one time.
4. When the pancakes look dry on top, carefully use a spatula to flip them and cook on the other side.
5. While the pancakes cook, cut your fruit into small pieces. Toss it with a little lemon juice. If you have fresh mint (it grows in many gardens here), tear it in small pieces and add to the fruit.
6. Fold a pancake in half, fill it with your fruit salad, and enjoy!

THIS WEEK...

Today, May 13th – Frog Jumping Day

Make some paper jumping frogs and see how far they can go.

<https://youtu.be/1kZjq8f8Mpo>

Thursday, May 14th – Dance Like a Chicken Day

Dance along with the group in this ancient video.

<https://youtu.be/6UV3kRV46Zs>

Friday, May 15th – National Pizza Party Day

Make your own pizza at home and chat with friends while you enjoy it.

<https://www.tasteofhome.com/collection/easy-pizza-recipes/>

Saturday, May 16th – Armed Forces Day

Send letters and cards to those serving in the Armed Forces.

<https://www.operationgratitude.com/express-your-thanks/write-letters/>

Sunday, May 17th – National Cherry Cobbler Day

It's too early for fresh cherries here, but try baking with frozen or canned.

<https://www.oatmealwithafork.com/cherry-cobbler-cake/>

Monday, May 18th – International Museum Day

Take a virtual tour of some of the world's greatest museums.

<https://artsandculture.google.com/partner?hl=en>

Tuesday, May 19th – International Dinosaur Day

Dig for virtual fossils.

<https://www.amnh.org/ology/features/layersoftime/game.php>

Q: What do you get when you cross a bike with flowers?

A: Bicycle petals.

Q: If April showers bring May flowers, what do May flowers bring?

A: Pilgrims!

Q: What did the bee say to the flower?

A: Hello honey!

Be part of the Trojan Horse Magazine!

Email your submissions to mzdrojewski@swcsc12.org

What can you send?

Stories

Poems

Artwork

Crafts

Comics

Recipes

Activities

Jokes

Reviews of books or movies

Photos

Ways to deal with stress

Send all items to
Miss Zdrojewski by
12 noon each Tuesday.



A note on Commotion in Arrowburg:

Hello my readers! Sorry that I skipped this week 😊 but the story will continue next week!
-Ethan Lohnes