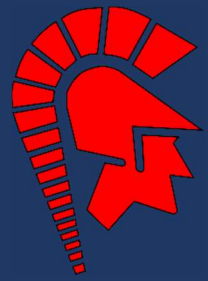


Trojan Horse Magazine

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with Mr. Thomas

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This Week

This week's
Mystery Teacher Quiz
is a Mega Quiz.

There are 14 members of
our SWMS community
to guess!

Andrew Piazza used engineering, knowledge of nature, and recycled materials to create this functional artwork.

News and Notices

Summer Book Checkout

If you missed sending your booklist to Miss Zdrojewski for books you'd like to borrow over the summer, you have one more chance.

Make sure you send your list by Monday, June 1st. Miss Zdrojewski will gather your books and have them ready for you to pick up on the day you return your school materials.

Do you have library books to return? Bring them to school when you drop off your other school materials (textbooks, laptops, etc.).

Below: African Elephant created by Carson Couchenour



Persistence – Word of the Month

Our PBIS word of the month is “persistence.”

Persistence means the ability to stick with something. When you stick with something, even if it's difficult at first, you improve.

One strategy you can use to help develop your own persistence is using a timer to make timed goals.

If I wanted to use develop my persistence in learning an instrument, I might set a goal to practice for 10 minutes every day this week. 10 minutes is a manageable amount of time, even if something is difficult. The next week I would set the timer to 15 minutes every day.

In February I set a goal to exercise at least 10 minutes before breakfast every day. I slowly increased the time. As the exercise got easier, I enjoyed it more, and now I exercise for at least an hour before breakfast every day. Even though it was difficult at first, by using this strategy to help my persistence, it is easier and I enjoy it more.

Morning Announcements

Don't miss our school video announcements! Watch for them in your email and via social media every Friday!

Tech Troubleshooting

If you have any problems with your technology, like a broken stylus or your computer not working right, contact the SW Tech department at SWCSTech@swcsk12.org

Mystery Teacher

Can you guess the identity of these teachers based on these clues?
This week is the Mega Quiz!

Mystery Teacher #12

This teacher's favorite ice cream flavor is coffee.

Her favorite season is fall. The leaves change color and she thinks it's beautiful.

When she was in Middle school her favorite things were playing sports and going to ski club.

In her free time, she likes to go for walks in the woods, invest in the stock market, and make and age her own cheeses, breads, and pastas from scratch.

She loves the Sabres and the Bills.

Who is it?

Think you know any of our Mystery Teachers?

Fill out the form here: shorturl.at/gwCM5

Guessing will enter you in a drawing for a Better World Books gift certificate, and you'll get an extra entry for each teacher you guess correctly. This is the only week to enter for this drawing!

All guesses must be in by Tuesday, June 2nd at noon.

Mystery Teacher #11

This teacher's favorite ice cream flavor is mint chocolate chip.

She loves summer because she loves the sun and heat.

Her favorite things about middle school were the friendships she made and playing sports.

You might not know that she is the oldest of 7 children and her youngest sibling is 19 years younger than her.

When she has free time, she likes to run or workout. She also likes to read on her patio.

Who is it?



Last Week's Mystery Teachers

Mystery Teacher #7 – Mrs. Ostrom

Mystery Teacher #8 – Mr. Kellogg

Mystery Teacher #9 – Mrs. Lindquist

Mystery Teacher #10 – Ms. LaGrega

Congratulations to this week's top guessers!
Mrs. Casselman had all 4 correct!

The winner of the Better World Books gift certificate is Zoey Ling.
Congratulations Zoey!

Everyone who guesses is entered in a drawing for a Better World Books gift certificate, and each correct guess earns you another entry.
The Mega Quiz winner will be announced in our June 3rd issue.

Mystery Teacher #13

This teacher's favorite ice cream is Cannoli ice cream.

Her favorite season is winter because of basketball, skiing, and Christmas!

When she was in middle school, she liked being able to play school sports.

In her free time, she likes to exercise and read.

The farthest she has traveled is Italy.

You may not know that this teacher grew up on a dairy farm.

Who is it?

Mystery Teacher #14

This teacher's favorite ice cream flavor is mint chocolate chip.

His favorite season is summer – of course!

When he was in middle school, he liked playing sports.

When he has free time, he likes to play golf.

The farthest he has traveled is Grand Caymen, BVI.

You might not know that he played high school sports with two other members of our SWMS staff.

Who is it?

Mystery Teacher #15

This teacher's favorite ice cream is Perry's Bittersweet Sinphony.

Her favorite season is summer because she loves to camp.

When she was in middle school, she liked that they got to use gymnastic equipment in gym class. Her favorites were balance beam and trampoline.

She likes to read books in her free time.

The farthest she has traveled is Buenos Aires, Argentina, which is more than 5,500 miles from here!

Who is it?

Mystery Teacher #16

This teacher's favorite ice cream is Perry's White Lightening.

The things she liked most about middle school were the teachers and school dances.

When she has free time, she likes to hike, read, bike, bake, and play with her dog.

Her favorite season is summer because she likes the weather, being able to be outdoors, and having downtime.

In the summer, she would prefer to visit the mountains, but when it's winter at home, she would prefer to visit the beach.

Who is it?

Mystery Teacher #17

This teacher's favorite ice cream is Fireball.

Her favorite season is fall. She loves sweaters, pumpkin spice, apples, bonfires, and boots!

Her favorite things about middle school were her friends and going to dances.

In her free time, she enjoys reading, crafts, and gardening.

You may not know she has completed 2 half-marathons and several 5Ks and 10Ks.

Who is it?

Mystery Teacher #19

This teacher's favorite ice cream is White Lightning.

Her favorite season is summer.

When she was in middle school, she liked hanging out with friends.

She likes to read when she has downtime.

You may not know that she loves white water rafting.

If given a choice between spending a week in the mountains or at the beach, she would choose the beach.

Who is it?

Mystery Teacher #18

This teacher's favorite ice cream is cookies and cream.

His favorite season is fall because it's football season.

When he has free time, he enjoys listening to music.

The farthest he has traveled is California.

His favorite thing about middle school was meeting kids from other elementary schools.

You may not know that he hates pickles.

Who is it?

Mystery Teacher #20

This teacher's favorite ice cream is Neopolitan.

Her favorite season is fall. She loves the leaves changing, cool nights, and the smell of grapes harvesting in the air.

When she was in middle school, she liked seeing her friends, having more independence and walking to classes by herself, and having her mom as a teacher.

In her free time, she likes to read and nap.

You may not know that she loves to salsa dance.

Who is it?

Mystery Teacher #21

This teacher's favorite ice cream flavor is mint chocolate chip.

He loves fall for many reasons including the changing colors, the weather, and football season!

When he was in middle school, he liked having some really great teachers.

In his free time, he likes to spend time with his wife and kids. They all like to travel.

The farthest he has traveled is Athens, Greece, and he has been to Europe 5 times.

You may not know that in the past he has taught 6th grade and has been a library media specialist.

Who is it?

Mystery Teacher #22

Her favorite ice cream flavor is chocolate.

Her favorite season is summer because she loves the sun, warmer weather, and beautiful flowers.

Her favorite thing about middle school was switching classes.

In her free time, she likes to golf and hang out with friends and family.

The farthest she has traveled is California.

She loves the beach. It's very calming and the sunsets are beautiful.

Who is it?

Mystery Teacher #23

Her favorite ice cream flavor is cappuccino crunch.

Her favorite season is summer because it's warm.

When she was in middle school, she loved having more freedom.

When she has free time, she likes to read, bake, and shop.

The farthest she has traveled is Maui, Hawaii.

She likes going to the beach.

Who is it?

Mystery Teacher #24

This teacher's favorite ice cream is mint chip made with fresh mint from her yard.

Her favorite season is fall because it's not as hot as summer and she loves Halloween.

When she was in middle school, she loved playing her violin in the school orchestra.

When she has free time, she likes to sing, read, and write fiction.

You may not know she has self-published a picture book and a novel.

The farthest she has traveled is Melbourne, Australia.

Who is it?

Commotion in Arrowburg

Hi my readers! Here is only two paragraphs, but I put in three other previous paragraphs to start you guys off again!
Happy reading! -Ethan Lohnes

When Barnum picked up the scent of the footprints, he bolted out the door, and kept running with his nose down to the ground, Detective Jenkins trying to keep up with his dog. Then suddenly, Barnum stopped dead in his tracks. Jenkins stopped, bent down, put his hands on his knees, and breathed heavily. When he looked up, he saw a tall man with a sack full of stuff. Jenkins ran at him with all the speed he had until he ran right into the man with the sack. The impact both made them collapse to the ground, but when Jenkins looked at the man's face, it wasn't Vincent.

When they both got up from the ground, Jenkins asked the man that had the sack, "Who are you and what is in the sack?" "I'm Vincent Willis," the man replied. Jenkins examined him and said that he is not Vincent and who he was. "Vincent" wouldn't budge. So, Jenkins hand cuffed Case #165 man and dragged him all the way to the Arrowburg Agency of Detectives headquarters.

When they got there, Jenkins kicked open the door and walked over to Professor Howard's office door and knocked. Rap, rap, rap! Howard looked out his door and saw that

Jenkins had someone hand cuffed. Then Howard let them in, and Jenkins told his boss that the man, that was now sitting in one of the chairs in Professor Howard's office, that he said he was Vincent Willis and that he had actually robbed Julie Dunham's house.

A minute later, Howard told the man to follow him. Professor took him to the HQ's fingerprint scanner. The man who said he was Vincent Willis had a nervous look on his face. Eyes watering, lips trembling, struggling to get away, but, alas, he couldn't. Otherwise he would automatically get a sentence. He followed Professor Howard toward the fingerprint scanner, down the main hall, up the right stairs, and into a room where the scanner is.

The AADFS, which stands for Arrowburg Agency of Detectives Fingerprint Scanner, was white and something on top that looks like it should belong in a printer. "Place your finger here" Howard said commandingly, pointing at the scan part of the AADFS. The man put his finger on the place where Howard pointed to. *Rrrr, rrrr*. A green light went back and forth. *Ding!* Then out of a slit on the side of the machine, a piece of paper came out. Howard picked it up carefully, trying not to rip it. He looked at it and his eyes went huge. It was Julie Dunham's husband, Hank Dunham!



One Minute

By Miss Zdrojewski

1:00

She swiped the card she had lifted from an intern's pocket.

0:59

An LED flashed green. The lock clicked.

0:58

With gloved hands, she pulled the door open.

0:57

She strode toward the glass-fronted chilled locker, counting seconds in her head.

0:56

Another swipe of the card and she opened the locker. The bottle she wanted was on the bottom shelf.

0:55

Her hand froze on the bottle. This was too easy. They wouldn't have left something this valuable in such an obvious place, no matter what her briefing had said.

0:54

Turning, she scanned the walls. Nothing looked out of place.

0:53

She returned her focus to the locker.

0:52

Something wasn't right with it.

0:51

She pulled all the bottles of the bottom shelf.

0:50

Pressing her fingers against the back wall of the locker, she shifted the panel.

0:49

The small green sealed vial wasn't labelled, but she was certain that was it. She grabbed it.

0:48

She slid the panel back and placed the other bottles as near to where they'd been as she could remember.

0:47

The vial fit neatly inside a padded pocket on her vest.

0:46

She was back to the door with time to spare. She lifted the ID card.

0:45

An alarm began to sound. Strobes flashed on the walls.

0:44

LEDs flashed red. The lock stayed in place.

0:43

The alarm had sounded too soon. Someone must have known she was coming.

0:42

She could hear shouts in the hallway. The door wasn't budging.

0:41

There had to be another way out of the lab.

0:40

The window was sealed.

0:39

Running footsteps echoed down the hallway.

0:38

She ducked under a lab table. She couldn't just stay here.

0:37

She took the vial from her pocket.

0:36

She considered it.

0:35

There was no more time for considering. She took the lid off the vial.

0:34

She tilted the vial and let a single drop fall into her mouth.

0:33

The alarm kept blaring.

0:32

Her eyes locked on the fume hood over the last lab table.

0:31

The duct was too small, of course, and there would have to be a fan in there somewhere.

0:30
But, tucked up under the
hood, she was invisible.
The door opened.

0:29
Security guards called to each
other as they looked under the
table where she had just
been.

0:28
They checked the windows
and doors.

0:27
They left.

0:26
She threw her foot out and
caught the door before it shut.

0:25
She kicked the door back
open, giving her time to get
out of the fume hood.

0:24
The door closed behind her.

0:23
There were stairs at the end of
the hall.

0:22
Guards voices echoed below
her.

0:21
She ran up.

0:20
This floor was offices. She
ducked around a few cubicles.

0:19
She weaved her way to the
back office, the one
overlooking the service road.

0:18
A man in a suit sat behind the
desk.

0:17
She froze.

0:16
“I know what you came for,”
he said,

0:15
“And you aren’t going to get
it.”

0:14
She opened the vial again.

0:13
Let one more drop land on her
tongue.

0:12
The window here wasn’t
sealed like in the lab.

0:11
She wrenched it open

0:10
and threw one leg over the sill.

0:09
“You’ve got nowhere to go,”
he said,

0:08
“We’re two stories up.”

0:07
She grinned.

0:06
She stepped out of the
window.

0:05
She fell,

0:04
landed,

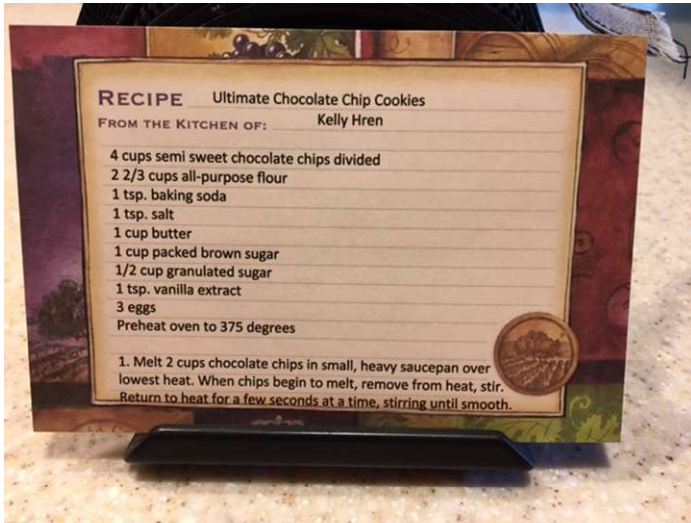
0:03
stood.

0:02
She jumped into the
passenger seat of the waiting
car and slammed the door
shut.

0:01
As the car squealed into
motion, the driver asked her,
“You got it?”

0:00
She grinned and held up the
glass vial. “Of course.”

COOKIES

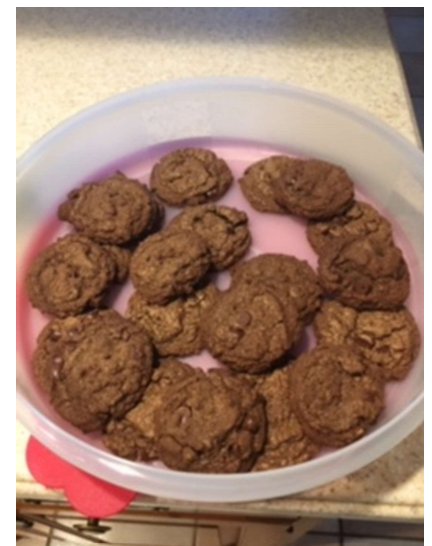
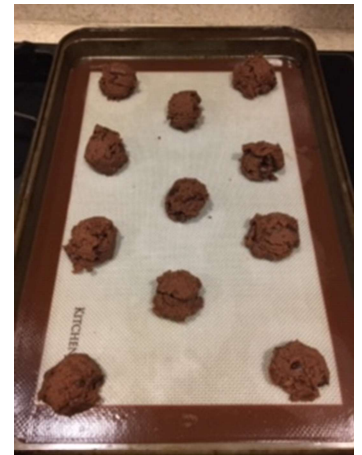
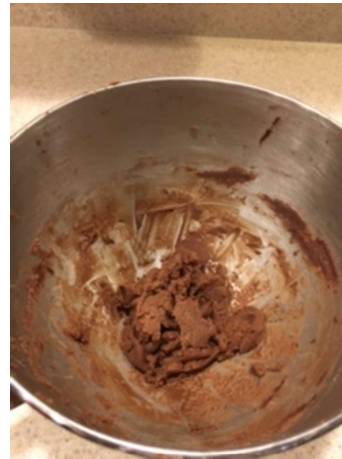
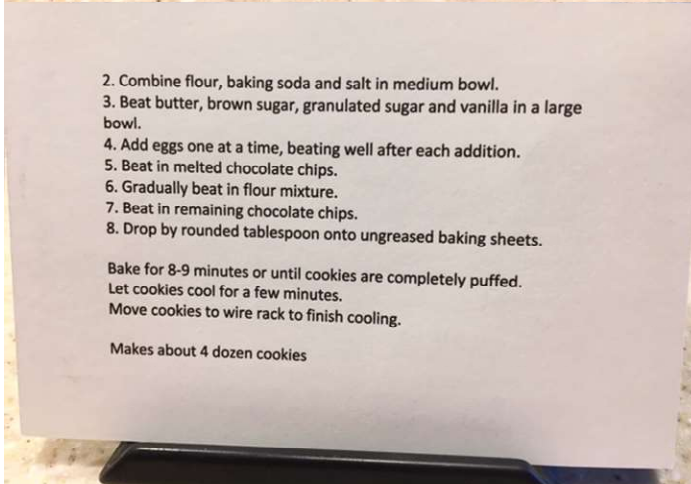


As part of her library research project, Stella Hren made these delicious cookies.

She documented each step of the process with photographs.

Here you can see the dough, the cookies baking, and the finished product!

Thanks for sharing, Stella!



COPING CORNER

Research shows that feelings of gratitude can relieve stress and anxiety. When you are overwhelmed with work, missing friends, or things you were looking forward to are cancelled, it can be hard to feel gratitude.

Here are some activities to help you practice gratitude.

Grateful ABC Challenge

With family members, see if you can come up with something you're grateful for that starts with each letter of the alphabet. Some letters might be more challenging. (Can you do this even if you aren't grateful for xylophones?)

Gratitude Journal

Keep a journal and every day write three to five things you are grateful for. Try to think of specific things. Instead of, "I'm grateful for my family," think of what you really appreciate, like, "I'm grateful for chatting with my mom when the two of us went for a walk this evening."

Gratitude Scavenger Hunt

Take a camera around your house or neighborhood and take photos of as many things as you can that you're grateful for. When you are having a hard day, look back through your scavenger hunt photos.

Gratitude Jar

Decorate a jar or box to be your gratitude jar. Every day, write down three things you're grateful for on slips of paper and add them to the jar. When you are having a difficult day, you can open the jar and read the things you're grateful for.

Remember, you can email Mrs. Fisher
or Mrs. Lindquist at any time
if you need help with coping strategies
or managing anxiety or emotions.

Cauliflower Poppers

These poppers are a fun snack to eat at family movie nights or while playing games. You can top them with barbecue or wing sauce or dip them in ketchup or the sauce of your choice.

You will need:

- 1 head of cauliflower
- 3/4 to 1 cup of flour* (use more if your cauliflower is larger)
- 3/4 to 1 cup water
- spices (optional)
- sauce for coating or dipping

1. Preheat your oven to 400 F. Line a large baking sheet with parchment paper.
2. In a large mixing bowl, mix the flour and water to make a batter. You can add spices if you like. I usually add garlic powder, onion powder, paprika, turmeric, and black pepper, but you can experiment. Start with small amounts of spices and see if you like the recipe, and you can change it next time.
3. Wash the cauliflower and chop it into chicken-nugget sized florets. Toss the cauliflower pieces in the batter until they are well coated.
4. Spread the cauliflower poppers on the baking sheet. Bake for about 40 minutes until they are lightly golden but not burnt.
5. If you want to dip them, they're ready to eat.
6. If you want them coated in barbecue sauce or wing sauce, toss them in the sauce and then return them to the oven for about 10 more minutes.

*My favorite flour to use with these is garbanzo flour, but you can use any flour you have at home.

THIS WEEK...

Today, May 27th – **Old-Time Player Piano Day**

Take a tour of the inside of a player piano.

<https://youtu.be/ei8WeNCl1gk>

Thursday, May 28th – **Amnesty International Day**

Learn about different human rights issues.

<https://www.amnesty.org/en/who-we-are/>

Friday, May 29th – **Paper Clip Day**

Amaze your family with a paper clip magic trick.

<https://youtu.be/cRRqPYIWsy>

Saturday, May 30th – **National Creativity Day**

Do something creative today. Try making art with Silk online.

<http://weavesilk.com/>

Sunday, May 31st – **World Parrot Day**

Watch Bibi, an African Grey parrot who is very talkative, on a webcam.

<https://www.mangolinkcam.com/webcams/pets/bibi.html>

Monday, June 1st – **Heimlich Maneuver Day**

Refresh your memory on how to help someone who is choking.

<https://youtu.be/SqpcTF2HFvg>

Tuesday, June 2nd – **Yell “Fudge” at the Cobras in North America Day**

At noon, go outside, face south, and yell “Fudge!” to keep cobras from spreading north. Or you could make some fudge to eat instead.

<https://www.aboutamom.com/how-to-make-fudge-with-children-recipe/>

Q: What test does a criminal parrot hate?

A: A polygraph.

Q: What’s orange and sounds like a parrot?

A: A carrot.

Q: What do you get when you cross a parrot with a pigeon?

A: Voice mail.

Be part of the Trojan Horse Magazine!

Email your submissions to
mzdrojewski@swcsc12.org

What can you send?

Stories

Poems

Artwork

Crafts

Comics

Recipes

Activities

Jokes

Reviews of books or movies

Photos

Ways to deal with stress

Send all items to
Miss Zdrojewski by
12 noon each Tuesday.

