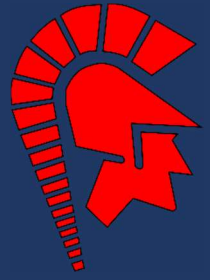


# Trojan Horse Magazine

November 2020

Volume 3, Issue 2



## Fall is Here!

Leaves have  
turned,  
trees are  
growing bare,  
and soon the  
snow will come.

Curl up with  
some cocoa or  
hot apple cider,  
relax,  
and enjoy our  
November issue!

Cover Artwork by  
Andrew Lindboom

News and Notices

Book Battle

Commotion in Arrowburg

Spooky Artwork

Arachne

Kinzua Bridge State Park

Fall STEAM

New Sora Reads

Coping Corner

Pumpkin Spice Smoothie Recipe

November Calendar

# News and Notices

## Morning Announcements

Don't miss our school video announcements!  
You can watch them from home on your  
remote learning days from our school website.

<https://www.swcsk12.org/Page/1167>

## NaNoWriMo

November is National Novel Writing Month. People around the world try to write the first draft of a novel in one month. Adults must strive for 50,000 words, but students can choose their own goal. It's a great chance to accomplish a writing goal with lots of fun and support. If you are interested, visit [ywp.nanowrimo.org](http://ywp.nanowrimo.org) with your parents or ask Miss Zdrojewski for more information.

## Tech Troubleshooting

If you have any problems with your technology, contact the SW Tech department at [SWCSTech@swcsk12.org](mailto:SWCSTech@swcsk12.org)

### Be part of the Trojan Horse Magazine!

Email your submissions to [mzdrojewski@swcsk12.org](mailto:mzdrojewski@swcsk12.org)

What can you send?

Stories – Poems - Artwork

Crafts – Comics - Recipes

Activities – Jokes - Reviews of books or movies

Photos - Ways to deal with stress

And more!

Send all items to Miss Zdrojewski by  
Tuesday, November 24.

## Gratitude – Word of the Month

PBIS Word of the Month for November is Gratitude. Gratitude is the expression of appreciation for what one has and the quality or feeling of being grateful or thankful.

Power up this month with positivity by cultivating gratitude. You'll experience more well-being, less fatigue, and a brighter outlook.

Seeing the glass half empty, or feeling pessimistic, can be hard to shake. It can also stress you out. A great antidote is to generate some gratitude. Need some ideas to get started?

1. Recall a person who has helped you in your life. Were you able to thank them? Take a moment now to mentally think of them and wish them well. Think of the benefits you received from their generosity.

2. Write a gratitude list. Don't worry about grammar or punctuation, let your feelings of gratitude soar through your pen. List anything you are grateful for, from a good cup of coffee to a wise friend. You might just feel amazing after you see a page full of people, places, and things you are grateful for. 3. Take a walk. Notice all the things you see: Trees, sunlight, weather, the shade under a tree, flowers, a neighborhood park. Feel the grace and goodness of your world. This is your home. Bask in your gratitude for all it provides and does for you.

The benefits of gratitude are scientifically proven: better sleep, more mental strength, improved self-esteem, and better relationships. Give thanks this month. Studies show feeling grateful relieves stress, lifts your mood, and helps you get along better with others. Make this month about pouring out your gratitude and feeling good.

**Feeling grateful is a seed, once planted, that never stops growing and giving back.**

# BOOK BATTLE

## What is Book Battle?

Book Battle is a trivia contest based on books! Every month there will be a different book focus.

## Who can join Book Battle?

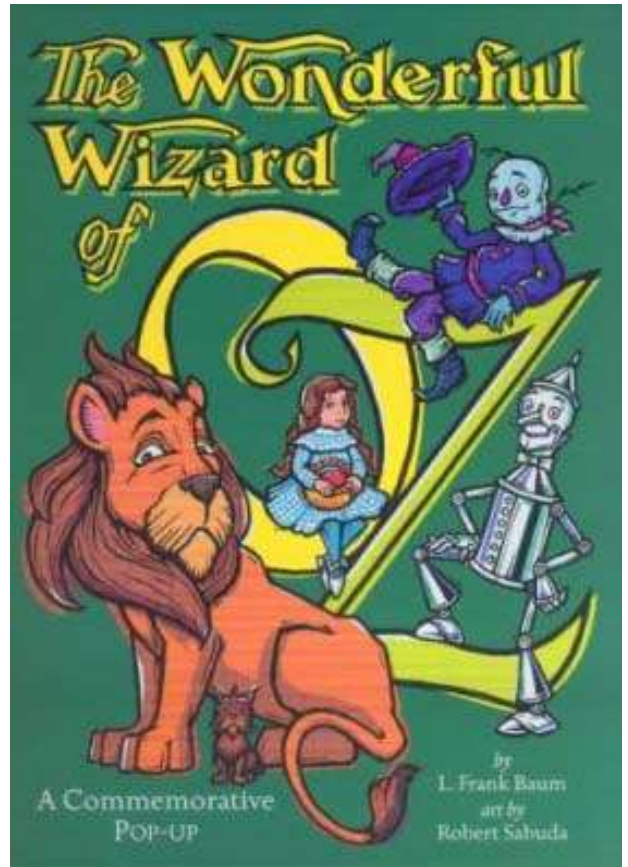
Any Southwestern Middle School student or staff can join Book Battle.

## Are there prizes?

Yes! There will be small prizes for the winners of each monthly battle. There will also be a cumulative (added together) leaderboard for the whole year. Overall winners at the end of the year will win gift certificates to Off the Beaten Path bookstore in Lakewood and possible other prizes.

## How do you join Book Battle?

1. Join the Library+ Team on Teams. The join code is:
2. On the Book Battle channel, complete the registration form. On this form, you'll choose your nickname for the year. Write this down, because you'll use your same nickname in every monthly Battle you participate in.
3. Read the selected book for the month. All the Book Battle books are available on Sora. You can also borrow a copy from the school library or the local public library (physical copies are limited).
4. When Book Battle day comes, complete the Battle! You can join us over Zoom or complete the Battle at a different time that day.



## Schedule of Books and Battles:

Month	Book	Book Summary	Battle Date
October/ November	The Wonderful Wizard of Oz by L. Frank Baum	Dorothy Gale journeys through the magical land of Oz to find her way back home.	Thursday, November 5
November/ December	Peter Pan by J. M. Barrie	Peter Pan lives the Lost Boys in Neverland where they never have to grow up.	Tuesday, December 15
January	The Underground Abductor by Nathan Hale	This graphic novel tells the amazing true story of Harriet Tubman who risked her life fighting slavery.	Tuesday, January 19
February	The Strange Case of Origami Yoda by Tom Angleberger	Does Dwight's finger puppet really dispense great advice? Or is it just Dwight being strange?	Tuesday, February 23
March	Alice in Wonderland by Lewis Carroll	Alice falls down a rabbit-hole into a bizarre world of eccentric and unusual creatures.	Tuesday, March 23
April	The Voyages of Doctor Dolittle by Hugh Lofting	Doctor Dolittle, who speaks the languages of the animals, goes on a quest around the world, meeting unusual creatures along the way.	Tuesday, April 27

# Commotion in Arrowburg

Continuing Series By Ethan Lohnes

She sat there waiting for someone to come in, but nobody did. It startled her when her phone rang, it was Howard telling her to get Jenkins up to the fingerprint scanning room. Then Mrs. Raymond had to call Jenkins on his hotline. Jenkins picked up the call immediately. "You need to come back to Headquarters. Howard needs you to go up to the fingerprint scanning room," Mrs. Raymond said. He was here in no time flat. Sweat was trickling down from his forehead, Raymond assumed that he had run from his house to where he is now, Jenkins was trying to catch his breath. He was panting sort of like Tracie on a hot day. As soon as he caught his breath, he walked up the stairs and into the FSR (fingerprint scanning room).

After Jenkins had gone upstairs, Detective Sampson came in and asked what was new around HQ. Mrs. Raymond told Sampson about how Jenkins had come into AADHQ with a man that was handcuffed and how Howard and Jenkins were up in the fingerprint scanning room dealing with him. Then Sampson asked if they need any help up there. Mrs. Raymond called Howard and asked if he needed any help. He said that he did need help because the culprit wasn't talking. So, Mrs. Sampson went up the stairs.

Jenkins was waiting for Howard to say something else, but then the phone rang, and Howard picked up the phone. He said that they needed help which was true, and Jenkins wondered which detective would be up in 30 seconds. Would it be Detective Sampson or Detective Jonson? Seconds later, Sampson was in the room with all three of them. She asked why they needed help. Howard explained what has happened with Julie Dunham and how the culprit was her husband, also, he explained what had

happened at headquarters. Sampson asked Hank Dunham if he would tell her why he was dressed like he was. Hank said he would.

Hank had said he would only do it if Jenkins and Howard had to get out of the room, moments later, he saw that Sampson had come out of the room. She told them that he was wearing that certain clothing is because he was going to go hunting in the island woods after he moved the stuff to the new house. Jenkins scratched his chin, then he finally said, "This guy is still suspicious. I suggest that we put a camera and microphone on him without Hank knowing so we can see and hear what is going on." Howard nodded to the plan. They would go with that, but now they needed to think how to get it on him.

## Chapter 4 Spy Work

The group of detectives thought of a way to put the almost microscopic camera on him. They couldn't think of anything until Detective Jenkins had a thought. He told the group, "What is the thing that doctors use to knock out patients so they can do surgeries?" "Knock out gas?... I don't know," replied Detective Sampson! "Well, anyway," Jenkins continued. "I think we should knock him out and then just put the spy camera on his chest!" Professor Howard said it could work. So, they asked Mrs. Raymond to call the Arrowburg Hospital and told them that they need them to bring whatever they need to knock someone out. Also, she told them they were in the Fingerprint Scanning Room.

In a couple minutes, the ambulance arrived at Headquarters. Mrs. Raymond met them at the door. They were carrying the equipment to knock Mr. Dunham out. She opened the door for them because they had



their hands full. They ran up the stairs and entered the Fingerprint Scanning room. There they met Professor Howard, Jenkins, and Sampson. The doctors asked what they needed it for, then Howard told him about Jenkins encounter with Mr. Dunham. He also told them the guy seemed suspicious, so they needed to knock him out so that they could put a microscopic camera on his chest. When Jenkins looked in the window on the side of the room, he saw that Hank was terrified.

Then the doctors came into the Fingerprint Scanning room where they met Hank Dunham. Howard, Sampson, and Jenkins followed the doctors. While the doctors were setting up the machine, Jenkins wondered out of the room and down the stairs. He went to talk to Mrs. Raymond to clear up everything that is happening. Raymond didn't have a surprised expression on her face. Jenkins wasn't surprised she didn't have an expression. She has seen and heard a lot in the

past 10 years she has worked at the Headquarters.

Back at the Fingerprint Scanning room, the doctors got the machine up and running. Professor Howard took the nozzle and tried to put it over Hank's mouth and nose. Hank squirmed because he had no idea what was going on at this point. But Howard managed to put the nozzle on Hank. He breathed a few times and then he shut his eyes, he was out cold for the next hour. That's when both detectives would execute the plan.

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Hi my readers! The link is a Chapter 1 quiz of the story and if you win (get the most correct) you will get the story sent to you and you will be able to read the whole book so far.

<https://forms.office.com/Pages/ResponsePage.aspx?id=Uk9DvDKI000tCWV4mBwcLCEGOfEw1tpJlT8FiTHP859UQVZKwVlQN0iROTFLQ0M2SUcwQzI4RUUpJRy4u>

Artwork by Payshtents Meredith



# Spooky Artwork



Artwork by Elorna Barnett



Left: Artwork by Mary Clementi



Center and Below: Artwork by Andrew Lindboom



# Arachne

By Kathryn Somers

Being alone is awful. And Vicky had never been more alone in her life. She wandered the streets with a blanket wrapped around her shoulders, cursing her family name and wondering where she would go. Finally, she made up her mind. The Ice Tower. That would be good.

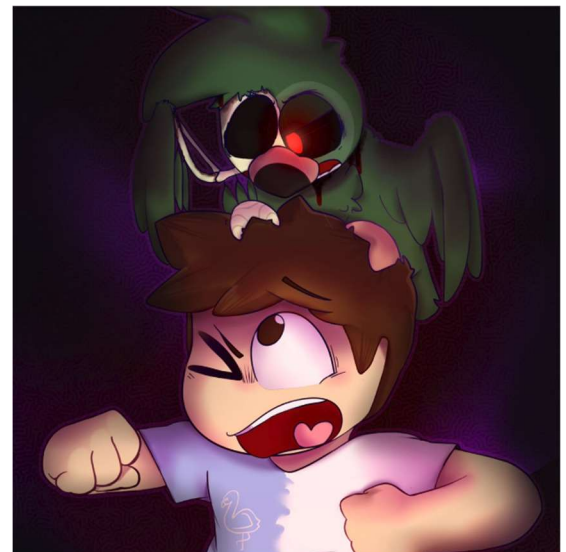
Vicky made her way there, shivering all the while. The tower creaked its greetings as she made her way in. Vicky discovered this place a year ago and had been coming here ever since. When she had first arrived, everything was covered in snow and ice. The couches and chairs had drop cloths draped over them, and all the plants were dying. But, with some hard work, Vicky had managed to restore it to what she assumed was its original beauty.

As she made her way through the house, she looked up at the ceiling. it was a stained-glass dome, with biblical scenes lining the bottom and a person in the middle. When Vicky first came, that person was an older man, tall and cold, dressed in all black. But after she'd been coming here for some time, it changed. Now it was a young girl, with a wicked gleam in her eyes, a cloak of white, and smoke curling from her fingertips. Vicky didn't question it though. Strange things happened all the time in her little town. She was aware of that. That awareness is what kept her from removing the drop cloths from the furniture, what kept her from walking on the graves in the graveyard. And most importantly, what kept her from using her strange resistance to cold to climb to the upper floors. There were all types of art and books up there, but Vicky resisted her curiosity. Who knows what could happen to her up there?

She sighed. She had almost forgotten her family. You see, they disowned her because they thought she had caused a car accident. Of course she hadn't! But they wouldn't listen, so they cursed her to no longer bear the name of Charme. Vicky saw it more as a blessing from god.

Frustrated, she tried to drown herself in the fine art. The man who owned this place before had great taste. There were paintings of rivers, tapestries of heroes, sculptures of pagan gods. Vicky always wanted to have a good art collection. And books, too. The tower had enough books to keep her occupied for years!

Vicky was pulled out of her daydream by a knock on the door. Oh, no. what if it was her parents, or one of her classmates! This had always been her place, and she wasn't very eager to share. The person knocked again, this time with more force. Vicky didn't want the door to be knocked down, so she slowly, cautiously tiptoed to the door. With a deep breath, she turned the knob.



Artwork by Payshtents Meredith



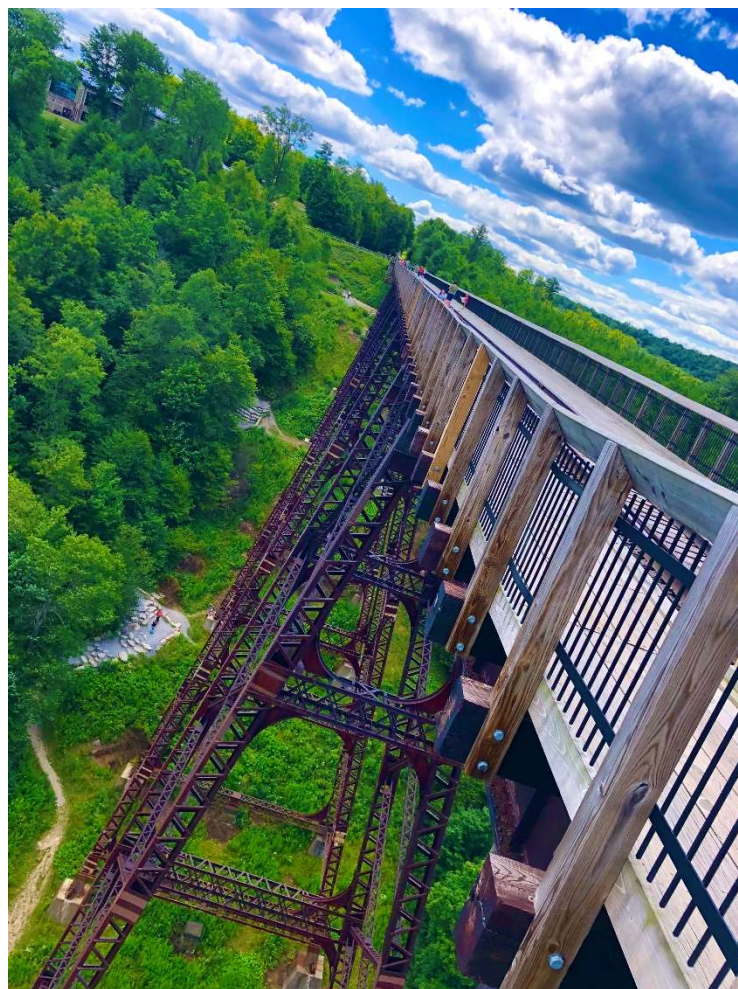
# KINZUA BRIDGE STATE PARK

Review by Kayla Patrick

The Kinzua Bridge State Park in Mt. Jewett Pennsylvania wasn't always a state park. It was originally built as a bridge in 1881 for trains to go across the valley rather than going around the valley. On July 21st, 2003 a tornado went through and destroyed most of the bridge. In 2004 they said they were not going to rebuild it. It would be too expensive to remove all of the pieces and rebuild the track. They kept the broken pieces where they were laying and made it into a state park. A lookout area was made at the end of the bridge where it had broken off. Below the bridge and lookout there are many different hiking trails through the broken train tracks. Also, there is a visitor center next to the picnic area and parking lot.

My family and I recently traveled to Kinzua Bridge State Park. We went walking down to the lookout. It was neat because the train tracks are still in the middle of each of the walking paths. As you are on the walking paths on the bridge you can see miles and miles of trees. Once you make it to the end of the path you will come to the lookout. From there you can see an amazing view of nature. I saw many birds flying over fallen pieces of tracks. I read on an information board at the park that since the bridge has fallen many animals have made new homes on and around it. There is a built in glass floor at the lookout area so you can see the lower structure of the bridge. I enjoyed looking down the glass, but I was a little scared because it was so high up.

I have to say everything was very clean and the park is dog friendly. I would absolutely go see this bridge again and I highly recommend everyone taking a trip to see this preserved moment of history and its beautiful view! The Kinzua Bridge State Park is located at 296 Viaduct Road Mt. Jewett, Pennsylvania 16740. It is an hour and a half away from Lakewood, New York but worth the drive.





# NEW SORA READS

## eBooks

### ***The Red Pyramid (The Kane Chronicles)***

by Rick Riordan

Siblings Carter and Sadie are forced into adventure when their father's "research experiment" unleashes the Egyptian god Set.

### ***Ungifted***

by Gordon Korman

After pulling an epic prank at school, a paperwork mistake gets Donovan sent to a special program for gifted and talented students. How long can he hide there before someone discovers the mistake?

### ***Beyonders series***

by Brandon Mull

Jason has often wished his life could be a bit less predictable – until a routine day at the zoo ends with Jason suddenly transporting from the hippo tank to a place unlike anything he's ever seen. With a new found friend, Jason must quest to save this new world and find a way back home to this one.

### ***Illuminae***

by Amie Kaufman and Jay Kristoff

This morning, Kady thought breaking up with Ezra was the hardest thing she'd have to do. This afternoon, her planet was invaded. The year is 2575, and two rival megacorporations are at war over a planet that's little more than a speck at the edge of the universe in a story told through emails, maps, files, medical reports, interviews, and more.

### ***What Color is My World?***

by Kareem Abdul-Jabbar

Learn the stories of little-known African-American inventors in this fun and fast-paced nonfiction book.

## Audiobooks

### ***Diary of an Awesome Friendly Kid***

by Jeff Kinney

You may be a fan of the Diary of a Wimpy Kid books, but now it's time to hear from Rowley's point of view!

### ***The Meltdown***

by Jeff Kinney

And if you want more Diary of a Wimpy Kid, we have you covered! Get ready for snow with this story of snow forts and epic snowball battles!

### ***I'm Not Dying with You Tonight***

by Kimberly Jones and Gilly Segal

Two girls from very different backgrounds are forced to rely on each other for safety when violence breaks out at football game.

### ***Mrs. Frisby and the Rats of NIMH***

by Robert O'Brien

Mrs. Frisby must move her mouse family to their summer home before the farmer plows the field or they'll be crushed, but her youngest son is too sick to move. The highly intelligent Rats of NIMH are her only hope to save her family. This exciting classic novel won an Newbery Award.

### ***War Stories***

by Gordon Korman

There are two things Trevor loves more than anything else: playing war-based video games and his great-grandfather Jacob, who is a true-blue, bona fide war hero. At the height of the war, Jacob helped liberate a small French village, and was given a hero's welcome upon his return to America. Now it's decades later, and Jacob wants to retrace the steps he took during the war - from training to invasion to the village he is said to have saved. Trevor thinks this is the coolest idea ever. But as they get to the village, Trevor discovers there's more to the story than what he's heard his whole life.

# FALL STEAM

## Is Your Oven Temperature Right? – Make Sugar Glass to find out!

You will need:

oven                      baking sheet lined with foil  
sugar                     ½ Tbsp measuring spoon

Sugar becomes a liquid at 366 degrees F. Test your oven to see if the temperature runs too hot or too cold and where it heats first.

1. Preheat your oven to 350F.
2. Make ½ Tbsp mounds of sugar on the foil-lined baking sheet the same way you would space out cookies.
3. When the oven is preheated, put the baking sheet in and wait 15 minutes. Then check.
4. If the sugar has liquefied, your oven runs hot. The sugar should still be crystals until 366. If it is still crystals, raise the temperature to 360 and wait another 15 minutes, then check again. Then raise the temperature to 370 and wait again. If it still isn't melted, your oven runs too cold. Keep following this pattern until all the sugar melts.
5. At what temperature did your sugar melt? Did it melt on the edges of the baking sheet before the middle? How accurate was your oven temperature? What does this mean for you when you're cooking?
6. When all your sugar mounds have melted, carefully take the pan out of the oven (use hot mitts!) and let it cool for 10 minutes. Then peel the circles off the foil and enjoy eating your sugar glass!

Learn more about this experiment at:

<https://rosieresearch.com/sugar-sweet-stem-calibrating-oven/>

\*Remember that ovens, pans, and melted sugar are very hot, and melted sugar can cause severe burns. Be careful and have an adult help you.\*



## Paper Football

You will need:

-Recyclables and other objects from around the home (straws, paper cups, cardboard tubes, etc.)  
-Scissors  
-Tape  
-Paper

1. Build a goal post from the items you found around your house.
2. Fold sheets of paper into different shapes. Try square, rectangle, triangle, crumpled ball, etc. Make them with different numbers of layers, different kinds of paper, and different sizes.
3. Try to make a field goal by flicking your paper shapes over the goal posts.
4. Which shape flies best? Which is most accurate? What kind of paper worked best?
5. Redesign your footballs based on what you learned. Can you create the best paper football possible?
6. Challenge a family member to make their own paper football.

This activity is adapted from the National Inventors Hall of Fame: <https://www.invent.org/blog/stem-activity/paper-football>

# COPING CORNER

When you are feeling stressed, anxious, or depressed, physical exercise can help make you feel better. Research shows that physical activity reduces fatigue and improves your ability to focus and concentrate. Exercise also causes your body to release endorphins (chemicals in the brain that act as natural painkillers) and helps you sleep better at night. Walking and hiking are great exercise, and they give you a chance to enjoy the beauty of nature.

Try finding the items on this fall walk scavenger hunt:

- |                 |                             |
|-----------------|-----------------------------|
| -maple leaf     | -oak leaf                   |
| -acorn          | -feather                    |
| -animal tracks  | -squirrel                   |
| -cat            | -dog                        |
| -wildflower     | -garden flower              |
| -bee or wasp    | -butterfly or moth          |
| -grasshopper    | -flying bird                |
| -bird in a tree | -frog, toad, newt, or snake |

Remember, you can email Mrs. Fisher  
or Mrs. Lindquist at any time  
if you need help with coping strategies  
or managing anxiety or emotions.



Artwork by  
Payshents Meredith

## Pumpkin Spice Smoothie

It may sound strange to put cauliflower in a dessert drink, but it has a mild, sweet flavor with lots of nutrition!

If you really can't stand the thought of drinking veggies, you can substitute frozen bananas for the frozen cauliflower. Banana is sweeter than cauliflower, so you will only need 1 date.

You will need:


- 2 dates (pits removed)
  - 1 Tbsp sunflower seeds, pumpkin seeds, or cashews
  - 1/2 cup frozen cauliflower
  - 1/4 cup of pumpkin puree (make sure it's not pumpkin pie filling; the only ingredient should be pumpkin)
  - 1 to 1 1/2 cups of water
  - 1/2 tsp pumpkin pie spice
- (If you don't have pumpkin pie spice, shake in a little individual spices: cinnamon, nutmeg, allspice, and/or cloves)

1. Put 1/2 cup of water in your blender. Add the dates and seeds. Blend until totally smooth.
2. Add the cauliflower (or banana), the pumpkin puree, and the spices. Also add another 1/2 cup of water.
3. Blend until everything is very smooth. Depending on your blender, this may take up to a minute. You may also need to add more water.
4. Check and see how thick your smoothie is. If you like it thinner, add a little more water and blend again.

You can also try this recipe with a little cooked sweet potato instead of the pumpkin.



# THIS MONTH...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 National Author's Day  <b>NaNoWriMo Starts</b>	2 Cookie Monster Day	3 Election Day  <b>Chess Club</b>	4 Use Your Common Sense Day  <b>ASL Club</b>	5 Guy Fawkes Day  <b>Book Battle</b>	6 National Nacho Day  <b>End of 1<sup>st</sup> Quarter</b>	7 Book Lovers Day
8 International Tongue Twister Day	9 World Freedom Day  <b>Maker Monday</b>	10 National Vanilla Cupcake Day	11 Veterans Day  <b>No School</b>	12 International Guinness World Records Day	13 World Kindness Day  <b>Report Cards</b>	14 National Pickle Day
15 I Love to Write Day	16 National Button Day	17 World Peace Day  <b>Chess Club</b>	18 National Apple Cider Day  <b>ASL Club</b>	19 Use Less Stuff Day	20 Absurdity Day	21 International Games Day
22 Go For a Ride Day	23 Fibonacci Day  <b>Maker Monday</b>	24 Celebrate Your Unique Talent Day  <b>Deadline for Trojan Horse Magazine</b>	25 National Parfait Day  <b>No School</b>	26 Thanksgiving Day  <b>No School</b>	27 You're Welcome Day  <b>No School</b>	28 National French Toast Day
29 National Square Dance Day	30 National Personal Space Day  <b>NaNoWriMo ends</b>					

Why did the cranberries turn red?  
Because they saw the turkey dressing!

Why do pilgrims' pants fall down?  
Because they wear the buckle on their hats!

Who helps little pumpkins cross the street to school?  
The Crossing Gourd!

What do you get when you drop a pumpkin?  
Squash!